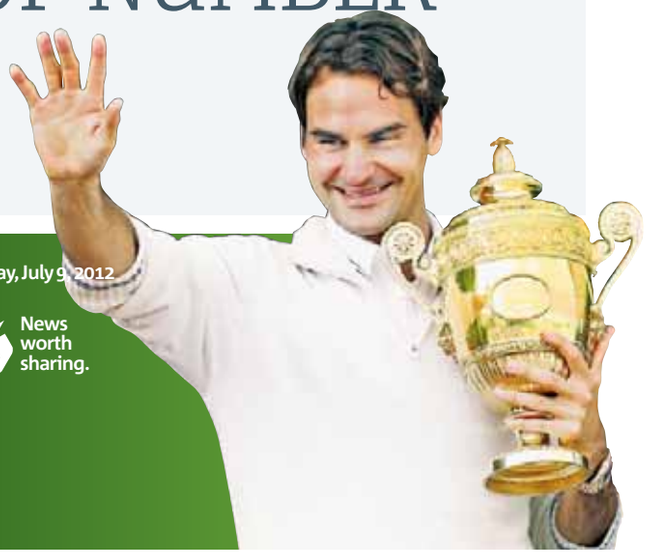
## Try this new mode of transportation

It's called walking! Good for you — and the environment PAGE 25

## TENNIS'S TOP NUMBER

ROGER FEDERER RECLAIMS NO. 1 RANKING WITH HIS HISTORIC WIMBLEDON VICTORY PAGE 29



CALGARY metro®

Monday, July 9, 2012

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## GET OFF MY BACK!

**Bull rider Tyler Thomson, from Black Diamond, Alta., holds on in the Bull Riding Championship during Day 3 of the Calgary Stampede.** CANDICE WARD/FOR METRO

# Peace Bridge turnout tops expectations

**Growth.** Oft-maligned span proves popular for wedding and graduation photos, as well as performers

JEREMY NOLAIS
jeremy.nolais@metronews.ca

Calgary's Peace Bridge is the place to be, claim two aldermen, citing early pedestrian data for the much-maligned span.

Both Druh Farrell and Brian Pincott separately shared the numbers with glee Sunday: Early figures provided by the city suggest 6,100 people cross the Bow River using the red-and-white helix-shaped bridge every day. That figure is almost 40 per cent higher than officials had predicted when the bridge opened in March.

"It's wide enough that it serves as a public square," Pincott said. "I went by one night on a weekend night ... at about 11 p.m. at night, and there was a band on the bridge busking and people were stopping and dancing. I loved it."

City officials have also reported that the bridge is becoming more popular as the weeks pass, and Farrell believes that trend will continue with summer tourist season upon us.

"People are using it for their wedding and graduation photos and all sorts of things like that," she said.

But even users of the bridge Sunday still raised questions about the $25-million price tag attached to the bridge. "It's nice, but it's kind of expensive," said Kowalski Marukot, who was walking the bridge for the first time. "And what does it have to do with peace?"

Follow Jeremy Nolais on Twitter @Metro_Nolais

## Putin takes on flood crisis

Russian president moves quickly to address anger over the disaster's death toll, which has risen above 170 people PAGE 5

## The taxman's tipping point

A Canada Revenue Agency pilot project targeting 145 Ontario servers finds a total of $1.7 million in unreported tips PAGE 8

## Ditch the dogs for a kebab

The taste of tender lamb off the grill PAGE 24

Mystique showhome in Mahagany

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Dark side of the revelry

## *Stampede scene a challenge for those battling booze*

Boozing it up at Stampede is fun for thousands but it presents a real challenge for those trying to overcome their alcohol addictions.

Local Alcoholics Anonymous chapters and rehabilitation centres say they see an increase in alcoholics relapsing and seeking help during Calgary's favourite time of year.

"I've had an awful lot of calls this week for sure," said James S., a volunteer at Calgary Alcoholics Anonymous.

"In this program, I do see (Stampede) as a test of people's persistence and maybe some of their basic values," he added.

A resident at Recovery Acres Society said he's seen firsthand the damage Stampede can do to an alcoholic's recovery.

"There's definitely an increase in relapses as well as new people coming in looking for help," said Derek, who wished to withhold his last name. "The detoxes fill up.

"You can go down to the grounds with all intentions to go on a couple rides and see a show, but it doesn't take much to be lured into the bar scene again and having a drink," Derek said.

The draw to alcohol this time of year runs deeper than simply celebrating a city tradition.

"Stampede could always be used as an excuse, but, really, drinking is a symptom of an underlying problem. And that's usually handling emotional things in one's life that we can't control," Derek said.

ALICIA GERRIOR/FOR METRO

A woman puffs from a cigarette next to two of Calgary's younger cowgirls on the Stampede grounds on Sunday. JEREMY NOLAIS/METRO

# Cowboys (and girls) urged to butt out

**Stampede.** Smoking rules on grounds tough to enforce; advocacy group suggests total ban

JEREMY NOLAIS
jeremy.nolais@metronews.ca

Thousands of families flocked to the Calgary Stampede grounds for Family Day on Sunday, but the willingness of some to smoke near kids left some parents with a foul taste in their mouths.

"I see it everywhere," said Ilene Janis, who headed down for the day with her two sons and husband.

"On the kids' midway near a few rides, they actually had to tell some people to stop."

Les Hagen, executive director of advocacy group Action on Smoking and Health, deemed the frustrations expressed by Janis and a number of other parents legitimate.

"As far as we're concerned, young people should not be exposed to smoking in public areas," he said.

Hagen pointed out that St. Albert's Rainmaker Rodeo and Exhibition has already taken the step to ban smoking entirely and said he would back a similar move by the Stampede.

But Calgary Stampede spokesperson Doug Fraser said a park-wide ban would be difficult to enforce.

"A lot of people are still along the lines that if you're outdoors, it's OK to smoke," he added. "Certainly we encourage people to use the designated smoking areas."

Some smokers at the grounds Sunday didn't seem to mind any bother they were causing parents like Janis.

"There's lots of fresh air around here," shrugged a young man as he puffed away.

Follow Jeremy Nolais on Twitter @Metro_Nolais

**Enforcement**

- Stampede spokesperson Doug Fraser estimated there are a half-dozen smoking areas on the grounds. The kids' midway is also intended to be 100 per cent smoke-free.
- Fraser said security staff will likely ask anyone caught smoking outside the designated smoking areas butt out but that, generally, violators will not be removed from the park. Those who are caught with alcohol outside licensed areas, however, will be.

1 NEWS

On the web

## *Hair-raising heist*

**Three thieves battered through a wall and dodged motion detectors to break into a Chicago beauty-supply store to steal $230,000 worth of human-hair extensions. Read more about the heist at metronews.ca.**

Mobile news

**A man from Massachusetts has paid off his 35-year mortgage in true penny-pinching style: By making his final payment entirely with pennies — about 62,000 to be exact, weighing about 360 kilograms. Scan the code to learn more about this master copper-roller.**

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## Stabbing. Bear spray used in targeted home invasion, police say

Two people were in a home police believe was targeted during a suspected northeast home invasion Sunday afternoon.

According to police, at least one man entered a home in the 3700 block of 44 Avenue Northeast and apparently released bear spray in one of the rooms where the two people were located.

One of the victims was able to escape, but the other was stabbed, police said.

The stabbing victim was later transported to hospital for precautionary reasons.

Police said both victims are in their 20s, did not live in the home and weren't able to provide a more detailed description of their attacker.

Police believe it was a targeted attack, but aren't aware of a motive, since nothing was taken during the incident.

METRO

Car collision

### 2 seriously injured on Memorial Drive

Two people were sent to hospital early Sunday morning after a car crash on Memorial Drive.

The collision occurred at 1:45 a.m. on near St. Georges Drive.

Two people were taken to hospital with serious injuries that have since been upgraded to non-life-threatening.

The cause of the collision is under investigation.

METRO

Not wearing helmets

### 1 ATV rider killed, 1 injured in crash

One woman is dead and man is injured after the ATV they were riding struck a pickup truck Saturday northwest of Edmonton.

Police responded to the crash near Tangent, Alta., 450 kilometres northwest of Edmonton, and according to police the pair were not wearing helmets.

The woman died of her injuries and the man was airlifted to Edmonton hospital.

METRO

## 12-country ride. Cowboy begins long trek home to Brazil

A Canadian cowboy hoped to join the ranks of the long riders as he rode out of Calgary on Sunday for an epic journey to his birthplace in Brazil.

Filipe Masetti Leite, 25, who immigrated to Canada when he was a teenager, intends to spend the next two years riding his two horses, "Bruiser" and "Frenchie," through 12 countries in North, Central and South America.

"My mom is very worried, obviously. She says she's going to have to take some sedatives for the next two years to try and sleep at night," Leite said.

Leite is expected to eventually cover about 16,000 kilometres and reach his final destination in 2014. Leite's family returned to Sao Paolo seven years ago and will meet him at the end of his journey.

THE CANADIAN PRESS

GuZoo owner Lynn Gustafson is seen feeding a baby tiger on display at Alberta's GuZoo in this undated photo. A battle to decommission the attraction could come to a head this fall. THE CANADIAN PRESS ARCHIVE

# GuZoo owners likely headed back to court

**Ruling in the fall?** Owner's daughter accuses government of starving out Three Hills attraction

JEREMY NOLAIS
jeremy.nolais@metronews.ca

Rumours from both camps suggest the fate of a controversial Alberta roadside zoo could be determined this fall; however, supporters of the 22-year-old attraction have proactively called on the premier to take action.

GuZoo, which is located near Three Hills and opened in 1990, was slapped with a number of sanctions last summer amid cries from the organizers of a social media campaign that practices and living conditions for a number of on-site exotic animals were not up to par.

But the province's push to decommission the facility entirely was held over pending the results of a judicial review. GuZoo owners and a representative from Sustainable Resource Development (SRD) both told Metro it appears a ruling could come this fall.

"I think we addressed a lot of concerns about public safety (at GuZoo) and concerns for the animals," said SRD spokesperson Dave Ealey.

Irene Gustafson, daughter of owner Lynn Gustafson, has written a letter to Premier Alison Redford claiming "Internet petitions hold no water in (the) Alberta government," and asking her to intervene.

GuZoo has incurred legal costs in range of $30,000 since last year, but staff are reporting a 10 per cent jump in attendance this season.

Quoted

**"We keep waiting for them to come up with a reason to shut us down. So far, they don't have one."**

Lynn Gustafson, GuZoo owner

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# Death toll tops 170 in Russian floods

**Black Sea region.** President Putin orders investigation into whether enough was done to protect citizens

Russia's president moved quickly to address anger over the deaths of at least 171 people in severe flooding in the Black Sea region that turned streets into swirling muddy rivers and inundated thousands of homes as many residents were sleeping.

Vladimir Putin, who was criticized in past years for a delayed or seemingly indifferent response to disasters, flew to the region in southern Russia, committed to showing he was taking charge of the situation.

He ordered the head of Russia's investigative agency to establish whether enough had been done to warn people about the floods. Federal prosecutors also said they were investigating whether the population had been properly protected from "natural and technological catastrophes."

Russia has seen a series of natural and man-made disasters in recent years, many of them blamed on aging infrastructure or lax safety rules.

The Interior Ministry said Sunday that 171 bodies had been recovered, 159 of them in and around Krymsk and 10 in Gelendzhik, including five who were electrocuted after a transformer fell into the water. The majority of the dead were elderly who were unable to escape the sudden deluge.

THE ASSOCIATED PRESS

**Elsewhere ...**

**In India, the death toll has risen to 121 as damage mounts from monsoon floods that devastated the northeastern state of Assam.**

- About half of the 2.2 million people who were displaced remain in makeshift shelters or with relatives or friends.
- The central government has offered $90 million in aid to the agricultural state, where at least 627,600 acres of rice fields and other crops have been affected.

A local resident stands at a flooded house in Krimsk, Russia, on Sunday. IGNAT KOZLOV/THE ASSOCIATED PRESS

Canadian Steven Dennis, 37, arrives by helicopter at Wilson airport in Nairobi, Kenya, on July 2. KHALIL SENOSI/THE ASSOCIATED PRESS

## Kidnapped. Rescued aid worker taking a break

A Canadian aid worker who was kidnapped in Kenya says he's taking some time off to think about the future.

Steven Dennis, 37, was one of four workers kidnapped June 29 and rescued in Somalia just days later. The Toronto man told a news conference Sunday that he's grateful for the rescue effort. Dennis says kidnappings are one of the risks of aid work and he will re-evaluate whether he wants to continue taking that kind of risk. He's taking a few months off and not making any plans. The four workers were rescued last Monday after three days in Somalia, when authorities swooped down on the group, killing one kidnapper.

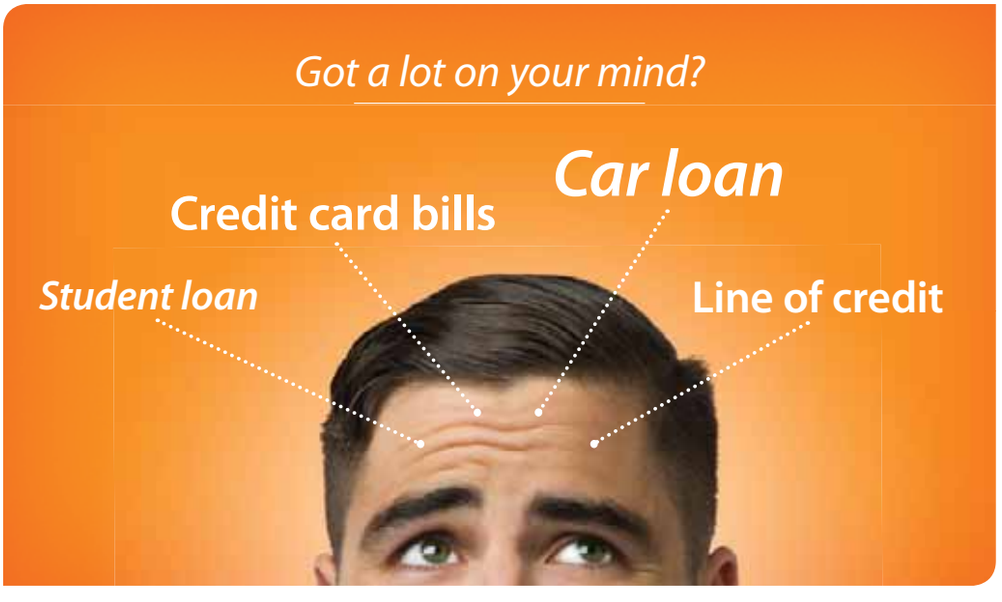
THE CANADIAN PRESS

## Afghanistan. Donor nations promise aid will stay after troops leave

Canada and other major donors sought to assure Afghanistan that development aid will not dry up when foreign troops leave the country by pledging billions of dollars through 2015, on the condition the money is not squandered through corruption or mismanagement.

The country is highly dependent on foreign aid, and there is concern Afghanistan could descend into chaos if the government cannot support itself after most NATO troops withdraw in 2014.

THE CANADIAN PRESS/
WITH FILES FROM THE ASSOCIATED PRESS

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## Syria. Assad rejects comparisons to other Arab nations in rare interview

Syrian President Bashar Assad
THE ASSOCIATED PRESS

Syrian President Bashar Assad said in an interview broadcast Sunday that he is not afraid of meeting the same fate as the deposed and disgraced leaders of Libya and Egypt, saying he has nothing in common with them.

In one of his rare interviews with Western media since the deadly uprising in Syria erupted last year, Assad brushed off a question about whether he feared for his family, including his wife and three children.

"It's a completely different situation," he told German broadcaster ARD. "What's happening in Egypt is different from what is happening in Syria.... You cannot compare," he said.

He also rejected any comparisons with Libya, where rebels helped by NATO air strikes toppled the regime. Fallen Libyan leader Moammar Gadhafi was killed while fleeing advancing opposition fighters.

"Describing what happened to al Gadhafi, this is savage, this is crime," he said in the interview that was conducted in English.

The 16 months of upheaval in Syria, spurred by the Arab Spring's pro-democracy movements across the Middle East, have left well over 14,000 people dead, according to activists. They accuse the autocratic ruler of crushing legitimate protests seeking reforms by waging a war against his own people.

But in the interview, the 46-year-old Assad, who has ruled Syria since taking over from his father in 2000, accused the U.S. of fuelling the uprising, saying that Washington ultimately bears responsibility for the deaths of innocent civilians in the Middle Eastern nation.

THE ASSOCIATED PRESS

# Islamists stage massive demonstration in Pakistan

**Lahore.** Uproar follows decision to allow NATO countries to resume shipping supplies through country

Protesters rally in Lahore, Pakistan, Sunday. K.M. CHAUDARY/THE ASSOCIATED PRESS

Thousands of hardline Islamists streamed toward Pakistan's capital in a massive convoy of vehicles Sunday to protest the government's decision to allow the U.S. and other NATO countries to resume shipping troop supplies through the country to Afghanistan.

The demonstration, which started in the eastern city of Lahore, was organized by the Difah-e-Pakistan Council — Defence of Pakistan Council — a group of politicians and religious leaders who have been the most vocal opponents of the supply line.

Pakistan closed the route in November in retaliation for American airstrikes that killed 24 Pakistani troops.

Following months of negotiations, Islamabad finally agreed to reopen the route last week after U.S. Secretary of State Hillary Rodham Clinton apologized for the deaths.

Clinton met with Pakistani Foreign Minister Hina Rabbani Khar for the first time since the apology Sunday on the sidelines of an Afghan aid conference in Tokyo and expressed hope that resolution of the supply-line conflict would lead to better relations between the troubled allies.

THE ASSOCIATED PRESS

**Quoted**

**"By coming out on the streets, the Pakistani nation has shown its hatred for America."**

**Difah-e-Pakistan leader Maulana Samiul Haq.** Known as the father of the Taliban

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# Taxman's pilot project exposes unreported tips

**Canada Revenue Agency.** Auditing blitz in St. Catharines, Ont., finds 'surprising amount' of unreported income by staff

A blitz by Canada Revenue Agency auditors on an unfortunate group of waiters and waitresses in one Ontario community has exposed "very surprising" amounts of unreported tips and gratuities.

The pilot project targeted 145 servers in just four restaurants in St. Catharines, Ont..

Auditors reviewed two years' worth of income and found that every individual had hidden some portion of their tips from the taxman, with about half reporting no tips whatsoever.

In the end, the blitz flushed out $1.7 million in unreported tips and gratuities — almost $12,000 for each person.

"Our results indicate that tips are more likely to be 100 per cent to 200 per cent of ... wages. In essence, they are only reporting five per cent to 10 per cent of earned tips/gratuities," says an internal report on the project.

The auditors conclude: "The amount of unreported income was very surprising."

The Canadian Press obtained a heavily censored copy of the 2010 report under the Access to Information Act, after an 18-month delay by the Canada Revenue Agency that violated legislated deadlines.

The St. Catharines' blitz was among dozens of pilot projects across the country that targeted the underground economy, estimated to be worth as much as $36 billion in 2008, according to a Statistics Canada study prepared for the revenue agency.

The other projects, which also reported in 2010, focused on the trucking industry, house-flipping, electronic sales suppression or cash-register zapping — even Quebec's maple-syrup industry.

The tax agency has long known that the hospitality industry is rife with tax-reporting abuse, partly because tipping is often done using cash.

THE CANADIAN PRESS

**Underground economy**

**The Statistics Canada study, using macro-economics rather than direct measurements, estimated undeclared tips were worth some $1.3 billion in 2008 — a small fraction of the underground economy.**

- A spokeswoman for the Canada Revenue Agency said officials are still reviewing the pilot project before deciding next steps.

## The fabric of China's fortune

**A worker lays out fabric at a furniture manufacturing factory in Zhanjiang, China. The city in Guangdong province, the heart of China's export-driven manufacturing industries, reflects the conflict between the Communist Party's need for a robust private sector and its determination to build up state-owned companies. The backbone of the local economy is private factories that employ thousands of people making furniture and traditional Chinese medicines or processing seafood.** ANDY WONG/THE ASSOCIATED PRESS FILE

**Tax overpayment**

## AIG sues U.S. feds for $30.2 million

American International Group, the insurance giant saved by a massive federal bailout, wants some tax money back — from 1991.

AIG is suing in Federal Claims Court in Washington for $30.2 million US. It says that's how much interest is owed from an overpayment 21 years ago.

AIG said it underpaid taxes from 1997 to 1999. But it said the government owes it interest for an overpayment in 1991.

AIG's $182.5 billion bailout was the largest of the financial crisis.

THE ASSOCIATED PRESS

**Retail**

## Target Canada gets go-ahead

Ottawa has approved Target's plan to enter the Canadian market and sell books and other cultural products.

The plan by the U.S. retailer to open stores in Canada was reviewed under the Investment Canada Act to ensure the store's shelves will have enough homegrown content.

Target plans to create more than 20,000 new jobs and has committed to sell uniquely Canadian cultural products in its Canadian stores.

THE CANADIAN PRESS

**Aerospace**

## Buyer orders 15 Bombardier jets

Bombardier Aerospace says an unidentified buyer has placed a conditional order for five CS100 and 10 CS300 jetliners.

Bombardier says based on list prices for the aircraft, the contract is valued at about $1.02 billion US.

CSeries aircraft will enter into service late next year. The CSeries is designed for the 100- to 149-seat market.

THE CANADIAN PRESS

# Patent dispute. Yahoo, Facebook drop lawsuit

Facebook and Yahoo have agreed to settle a patent dispute, averting a potentially lengthy battle over the technology running two of the Internet's most popular destinations.

In dropping the lawsuits, the companies agreed to license their patents to each other. They are also agreeing to an advertising alliance that expands their existing partnership. Friday's settlement involves no exchange of money.

Now that the antagonism is dissolving into an accord that could benefit both companies, the hundreds of millions of Web surfers who use both Yahoo and Facebook should find even more common ground on the two services.

Yahoo's initial complaint alleged that Facebook infringed on 10 Yahoo patents covering Internet advertising, privacy controls and social networks.

THE ASSOCIATED PRESS

# Employment. Growth remains modest as Canada adds 7,300 jobs in June

Canada added a modest 7,300 jobs and the unemployment rate slipped to 7.2 per cent last month in a fresh indication the economy is straining to maintain momentum — but has not yet buckled.

The June employment number is the most up-to-date signal of how the economy is performing, and economists visibly breathed a sign of relief that the labour performance was not worse.

While the consensus estimate was for a gain of 5,000 jobs, some economists were predicted an outright decline, particularly after the stunning 140,000 gain of March and April that went against the run of weakening economic conditions.

"I'm never going to complain about a dip in the unemployment rate, and we did have a solid increase in hours worked in the month and the second quarter as a whole, which in some ways is almost a better measure," said Doug Porter, deputy chief economist with BMO Capital Markets.

In a statement, Finance Minister Jim Flaherty said the results show the country is on "the right track," but noted the fragility in the global economy, the United States and Europe.

"That's why were remain focused on measures to grow the economy ... like the hiring credit for small business and over $1 billion in new support for research and development," he said.

In the U.S., employers added only 80,000 jobs in June, a third straight month of weak hiring, while the unemployment rate was unchanged at 8.2 per cent.

The main surprise in the Statistics Canada report was that the unemployment rate inched lower one-tenth of a point to 7.2 per cent.

THE CANADIAN PRESS

**Provincial rates**

**Canada's national unemployment rate was 7.2 per cent in June. Here are the numbers in some provinces (previous month in brackets):**

- Alberta 4.6 (4.5)
- Ontario 7.7 (7.8)
- Manitoba 5.2 (5.1)
- Saskatchewan 4.9 (4.5)
- British Columbia 6.6 (7.4)

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# PUTTING A PRICE ON QUEUE JUMPING

DARREN KRAUSE
darren.krause@metronews.ca

I'm a little bit torn by this one.

A reader emailed a note with a photo of the Calgary Stampede/North American Midway "Express Pass." It's an extra $20 (on top of ticket costs) for little Johnny or Sally to scoot to the front of the line on rides. He was irate that this was just another queue-jumping situation that sucked more money from cash-strapped Stampede-goers already spending hundreds in what seems like a never-ending ascent of the Greatest Outdoor Show on Earth's costs.

Point taken.

On one hand, I'm a dad of three (soon to be four) little Stampede-goers, and it costs a fortune to go to the Calgary Stampede. In fact, last year, for three hours of fun for my wife, two sons and me, we dropped nearly $300.

That's $100 an hour for those keeping track.

It's a pricey night, but one that has the same allure for us as it does for the tens of thousands of annual Calgary Stampede guests: It's the Calgary Stampede!

Express Pass

**"With knowledge the system exists, would I pay for it? Yes. And I would do it in good conscience, knowing my kids are zipping through the rides. I don't mind paying for convenience. But not everyone can. And that's where I understand this reader's point."**

Luckily the night my family and I went, the ride lines were non-existent.

But I've been in long ride lines, both at the Stampede and at other amusement parks with kids.

That's where we get to the flip side: I swear I will use the Fast Pass system the next time I go to Disneyland, especially if long line-ups are expected. There's no other way to do it.

(One could argue that we're not really comparing apples to apples. It is, after all, Disneyland.)

That's where we find the single biggest difference: You don't pay an extra cent to jump to the front of Disneyland lines (you do pay for it with high gate costs). You just have to wait until your allotted time, and then walk right onto the ride.

So it comes down to the extra $20 to queue-jump at will. That's why this reader has a beef.

With knowledge the system exists, would I pay for it? Yes. And I would do it in good conscience knowing my kids are zipping through the rides. I don't mind paying for convenience. But not everyone can. And that's where I understand this reader's point.

I'm not sure there's an easy solution, or whether it's really an issue.

It's a business. And, if there's one thing I know from years at the Stampede, if you can make a buck providing comfort or convenience on the grounds, someone's sure to capitalize on it.

# Weren't you ever told ...

STÉPHANIE KILGAST/PETITPLAT.FR

# ... not to play with your food?

Diminutive dinner

## Micro meals make for masterful art

These delicious-looking platters look like tasty tiny treats, but, in truth, it's for your eyes only: They're made of clay. Stéphanie Kilgast, a 26-year-old French artisan from Vannes, Brittany, in northwestern France, has been making minuscule works of "food" since her childhood. Metro chatted with Kilgast about her appealing art.

METRO

Kilgast explains ...

- **How it's done.** "I sculpt using polymer clay and then bake the designs in the oven. The actual sculpting can be quick, but the composition can take some time. Very simple dishes can be done between 30 minutes and two hours."
- **It looks so life-like.** "I'm obsessed about the quality. I will rework certain items over and over again until I'm happy. I always work with pictures of real food and sometimes the real food just beside me."
- **Biggest problem.** "I get hungry! That can be problematic."
- **How it started.** "When I was a child, I did miniature food for my dolls, and have always been into arts and crafts. Later, when I was still studying architecture, I was supposed to work for the summer, but didn't find a job, so I went to my parents for seven weeks. After two days, I got bored and searched the web to find a new craft. I stumbled upon miniature food, and that intrigued me again. I started a few hours later, and never have stopped since then."

Tasty number

**2**

**centimetres is the typical size of one miniature food dish. That's roughly the size of a regular post-age stamp. Kilgast is currently working on a tutorial book on how to cook up some appetizing-looking "food."**

Slipping on the bars

## Olympic gymnasts in a sticky situation

As the U.S. men head off to their final training camp before the London Olympics this week, several gymnasts will be toting plastic bears filled with honey. Or bottles of Karo syrup.

Really. And no, it's not for breakfast.

Some of the equipment can be as slick as ice, and gymnasts have had to get creative in order to keep a grip on things.

"You start slipping off the parallel bars and you're like, 'How do I hold onto this?'" said Jonathan Horton, a two-time medallist in Beijing.

For most, honey does the trick. Others use syrup. Whatever the sticky substance, they rub it on their hands, run their hands along the bars and then cover both with a layer of chalk. (The women have a similar routine on uneven bars, though most just spray water on them and then dust them with chalk.)

THE ASSOCIATED PRESS

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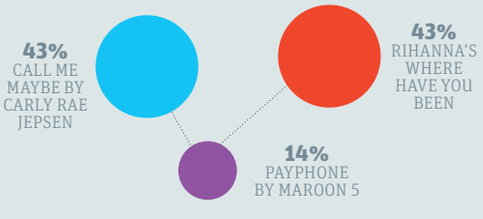
## What's 2012's song of the summer?




Twitter

**@JenniferOmnom:** Too hot to wear clothes, too inappropriate to be nude. #why #yyc #SummerProbz

**@_ClaireRoberts_:** What a gorgeous #Sunday after the longest shift ever yesterday. Sun tanning on the deck with a cold one. #LoveLife #YYC

**@wheezyt:** A shirtless fist-fight at the train station. 2-3 mins of pretty decent, respectful fistacuffs, and they went their ways. #Stampede #yyc

**@ViPhamster:** There's no hangover like a Stampede hangover #yyc

**@percyhanna:** I do love my A/C. #yyc

**@polarattitude:** Got some new music, gonna get a slurpee, and go driving to see some of the places in #yyc I haven't seen in a while.

metro

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2
SCENE

Box office

## Spider-Man climbs to top of box office

**Your new friendly neighbourhood Spider-Man has spun himself a $65 million opening weekend and $140 million in his first six days at U.S. theatres. Worldwide, The Amazing Spider-Man has climbed to $341.2 million. The movie started off as a smaller domestic moneymaker than the previous three Spidey films, but it laid to rest objections that it was too soon to relaunch the superhero franchise. The new origin story for the Marvel Comics web-slinger comes just five years after Tobey Maguire and Sam Raimi's Spider-Man 3. Oliver Stone's drug-war thriller Savages opened at No. 4 with a solid $16.2 million weekend. The concert film Katy Perry: Part of Me failed to pack in the pop star's fans, debuting far down the chart with just $7.2 million.**

THE ASSOCIATED PRESS

On the web

**Canadian filmmaker wins directing prize at Karlovy Vary film festival**

Chris Klein plays Oz in the American Pie franchise. GETTY IMAGES

# Chris Klein is one lucky guy when it comes to American Pie

**No cringe-worthy scenes.** While the rest of the cast has found their characters in some compromising scenes, Klein's Oz has escaped unscathed

Jim cosied up to pie, Michelle dropped her band-camp flute bomb, Finch romanced Stifler's mom, and Stifler had a whole host of sight gags.

But in the history of the American Pie comedy film franchise, fellow character Oz hasn't done anything terribly embarrassing, much to actor Chris Klein's relief.

"I kind of feel like in this franchise I dodge a bit of a bullet playing Oz, because he doesn't necessarily get himself into the real zany humour of the whole thing," Klein said in a recent telephone interview.

Still, Klein did have to learn a "ridiculous hip-hop dance routine" for American Reunion, which comes out on DVD, Blu-ray, and on demand on Tuesday. The scene involves Oz, the former high-school jock and choir member, going on a televised dance competition.

Klein said when directors Jon Hurwitz and Hayden Schlossberg pitched the idea to him over lunch, he laughed so hard people from other tables were staring at him.

"I really went for that in a very, very big way."

But not so big that he's brought those new moves to the dance clubs, he noted.

"Listen, I keep my dancing strictly for the comedy set lest I set myself up for massive amounts of mockery, because one thing I learned about hip-hop dancing is that a six-foot-tall, 205-pound man has no business doing hip hop, especially at 32," said Klein.

"Maybe at 22 I might've been able to pull it off, but hip hop is a young man's game and I will definitely sit on the sidelines when it's for real."

In American Reunion, all the characters from the hit original 1999 film come together for one wild weekend at their Michigan high school.

"To be a part of something that has transcended three generations of fans is such an incredible thing and I would definitely be stoked to do it again," said Klein.

THE CANADIAN PRESS

Reunion

### The pie that binds them together

American Reunion is one of three sequels in the franchise after American Pie 2 and American Wedding. The franchise also has four spin-off films.

Chris Klein said he and his castmates from the original '99 film have remained "incredibly close" over the years and have a "very cohesive, incredibly unique relationship and bond based on these movies."

He wasn't in American Wedding, so this latest film marked the first time he got to work with the Pie crew in over a decade.

"These are men who I cannot see for however long and when we come back together, whether it be for a dinner that we had planned or whether it be for another movie in the American Pie franchise, we pick up right where we left off, like no time has passed at all," said Klein.

# Comic-Con: The ultimate mecca for geeks

Football fans have the Super Bowl. Soccer enthusiasts have the World Cup. Cinephiles have the Academy Awards.

For pop-culture lovers —the self-professed geeks and nerds who delight in fantasy-inspired fun from anime to zombies — there is Comic-Con, the Olympic-sized celebration of movies, TV, video games, costumes and pop art that began as a humble comic-book convention 43 years ago and is now an annual marketing extravaganza.

From Thursday to Sunday, more than 100,000 pop-culture aficionados will flood the San Diego Convention Center in San Diego, Calif., showing off their Storm Trooper suits, playing yet-to-be-released video games and attending panels featuring A-list filmmakers like Peter Jackson and such hot TV shows as Game of Thrones.

But first comes Wednesday's "preview night." Available only to those who bought four-day passes to the sold-out convention, the showing is decidedly low tech, yet high end: it's all about collectible toys. On display will be special-issue, limited-edition playthings and books made just for the pop-culture fest.

These include not only the unique freebies that various booths are giving away, but also coveted collectibles.

THE ASSOCIATED PRESS

The best of Comic-Con might be on Wednesday's 'preview night' where four-day pass holders get first peek at the collectibles. THE ASSOCIATED PRESS

Who are the collectors?

Most toy collectors are men ages 25 to 40, though women are getting into the hobby in growing numbers, says Scott Neitlich, a marketing manager at Mattel. "It's not just about the physical price of the product, but the emotional connection each collector has about what figures they've decided to include," he says. "It's people who grew up in the '70s and '80s who now have disposable income to recapture their youth."

# A Hollywood veteran explores new avenues

**Passion projects.** Madeleine Stowe goes over her roles as an actress, director, humanitarian, wife and mother

ROMINA MCGUINNESS
scene@metronews.ca

Actress Madeleine Stowe in Monaco, whose TV show Revenge airs on CityTV. FRANCOIS DURAND/GETTY IMAGES

In TV drama Revenge, Madeleine Stowe plays Victoria Grayson, a glamorous Hampton's matriarch weighed down by the secrets of her past.

How does it feel playing a powerful she-wolf? "I would never want to know Victoria and I would never want to be her, but she's so much fun to play. She's incredibly passionate, and insane in some ways, but the truth is she's just really lonely."

Rather than portraying Grayson as a typical Hampton society matron, Stowe suggested making her character more sexy than stern by adding a more Latin-like edge to her demeanor. " I wanted her to be more of a Sofia Loren." And although she enjoys wearing clothes fresh off the runway, it does leave her with a guilty conscience.

"She lives an extravagant lifestyle, so I wear a lot of Dolce & Gabbana, Alaia, Dior and L'Wren Scott. But I do a lot of work in Haiti (she's on the Board of Directors for Artists for Peace and Justice) where I see real poverty-stricken people, so there is some guilt."

Looking high maintenance is part of the job, but that aside, it's hard to believe Stowe is in her fifties. "I do facial exercises so that I don't wrinkle. You just need to push your cheek to the side 100 times. But I'm not a girly girl who loves perfume and bubble baths. I hike and do Pilates but I don't like anything that taxes me too much. I'm lazy!"

When she's not filming, Stowe leads a very reclusive lifestyle. Her last big screen appearance was in 2002 in When We Were Soldiers, alongside Mel Gibson (who, for the record, is "wonderful"), but she soon swapped Tinseltown for Texas, settling down on a ranch with her husband, actor Brian Benben, and their teenage daughter.

**Quoted**

**"We all have this well of emptiness that needs to be filled somehow. "**

Actress Madeleine Stowe

The move is what allowed her to disconnect and focus on more personal projects. "It's so important to be productive. We all have this well of emptiness that has to be filled somehow."

So how did she fill hers? Next year, Stowe is making her directorial debut on the epic Western she co-wrote, The Unbound Captives, starring Hugh Jackman, Rachel Weisz and Robert Pattinson. "I stayed away from acting just so I could get this movie going ... I wanted to create a great love story that dealt with this woman's loss of her two children, who have been abducted by Comanche Indians."

In the meantime, Stowe will be back on the set of Revenge filming season two.

# Josh Bowman dishes on Revenge

In ABC's hit drama series Revenge, Josh Bowman plays spoon-fed billionaire Daniel Grayson.

He is blissfully unaware of the torment happening around him. He is seduced and used by Emily Thorne (the show's main protagonist played by Emily VanCamp), whose sole motivation in life is to get back at the people who caused her father's disgrace and death — including Daniel's parents.

After a first season full of twists and turns, Bowman is looking forward to some steady ground in season two.

"We tried a number of avenues to see what direction to take Daniel in and not all of them worked. Then again, if I did have a clue about what she (Thorne) was doing then the show would kind of end," he says.

But where would he, Josh, like to see this go?

"I'd like to have a clue. But I do feel we've finally found our ground. No longer being the good guy makes Daniel a little more three-dimensional, he'll have his own motivations and secrets to protect.

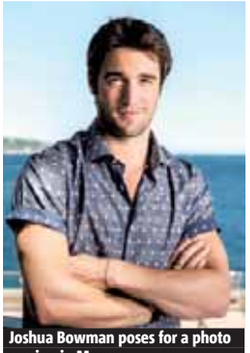
"For me, as an actor, some sort of a stable storyline will be a lot easier to build upon. So hopefully by season two he becomes much more clued in to what is going on. I hope so."

Bowman's character is the biggest tool on the show.

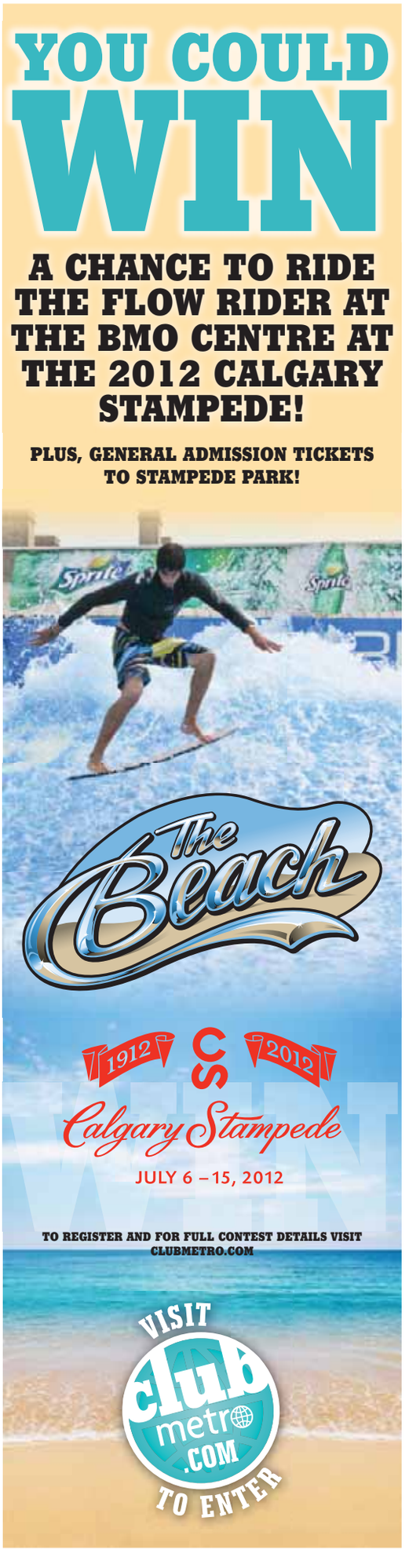
"I've been used as a pawn, a bit of an obstacle for the main characters. I don't love it at all because as an actor, you want to know what's ahead."

However, there is a plus side to being kept in the dark. "There's some great stuff in not knowing. This is a show that can be successful because it's so windy, twisty and turny."

ROMINA MCGUINNESS/METRO



Joshua Bowman poses for a photo session in Monaco.
FRANCOIS DURAND/GETTY IMAGES



# Cosby Show actress excited about TV return on 'positive black family' show

**Old School.** Tempestt Bledsoe and Anthony Anderson speak about new series at the Essence Music Festival

Actors Anthony Anderson as Gary and Tempestt Bledsoe as Marny in a scene from Guys with Kids, premiering Sept. 26 on NBC. VIVIAN ZINK, NBC/THE ASSOCIATED PRESS

Actress Tempestt Bledsoe says she's thrilled to be returning to network television on a show that portrays "a positive black family" similar to the long-running hit sitcom she was a part of for roughly eight years — The Cosby Show.

"That show was my childhood," said Bledsoe, who played middle child Vanessa Huxtable in the NBC show that also starred Bill Cosby, Phylicia Rashad, Malcolm-Jamal Warner, Lisa Bonet and Keshia Knight Pulliam. "It did so many things. It greatly influenced the kinds of projects I did. It helped form my core values, like my work ethic."

Bledsoe and actor Anthony Anderson spoke Friday at the Essence Music Festival about the new show they're starring in, Guys with Kids, which premieres this fall on NBC.

In an interview after their appearance, the co-stars told The Associated Press they were thrilled the show will spotlight a "positive black family on network television."

"We just don't have that right now, not on network television," said Anderson. "Like the Cosby Show, this will be an opportunity to see the love, support, humour and beauty of a black family on TV."

The show, produced by Jimmy Fallon, is about three 30-something dads trying to hold on to their youth. It will also star Jamie-Lynn Sigler of The Sopranos and actors Zach Cregger and Jesse Bradford. One of the characters is a single dad, another is a working father and Anderson's character is a stay-at-home dad raising four young sons. THE ASSOCIATED PRESS

**Essence Music Festival**

- **Stars in attendance.** Other celebrities appearing at the festival included actor Russell Hornsby, who appeared in Lincoln Heights and currently stars in the NBC supernatural drama Grimm. Bern Nadette Stanis, who played Thelma on the hit 1970s show Good Times and comedian and Think Like a Man author Steve Harvey; and Malik Yoba, who stars on the SyFy network's drama Alphas.
- **Celeb book release.** Later Friday, singer and actress Vanessa Williams participated in a discussion with her mother, Helen, about relationships. The pair recently released a book, You Have No Idea, which gives fans insight into the actress' upbringing and touches on her life's tragedies and successes.

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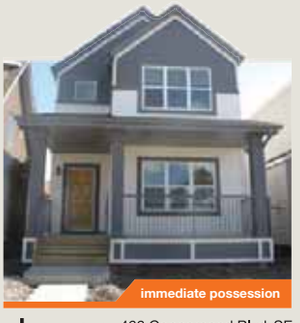


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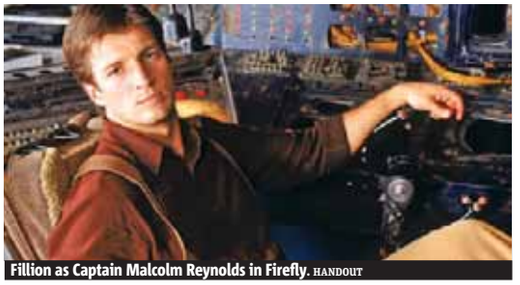
# The sci-fi captain turned crime solver

Actor Nathan Fillion plays Richard Castle in ABC'S Castle, which airs on CTV. HANDOUT

**Leading man.** Nathan Fillion chats about career struggles, and the man who gave him his big break

ROMINA MCGUINNESS
scene@metronews.ca



Fillion as Captain Malcolm Reynolds in Firefly. HANDOUT

Nathan Fillion's life changed the day he was cast as Captain Malcolm Reynolds in the cult space-western series Firefly, written and directed by Joss Whedon (The Avengers).

Today, Fillion, star of the TV series Castle, would like to thank Whedon ... for everything.

"Firefly was the most favourite job I ever had, I truly loved it. It was every dream come true. It changed me as a person; how I work and the kind of work I do. I feel stupid considering how emotional I get about it."

But when the show was prematurely cancelled, Fillion wasn't ready for it.

"I didn't see it coming. I'd fallen in love with it so it was like being broken up with the best girlfriend you've ever had. I was depressed and the only comfort I found was in chocolate ice cream. I put on 20 pounds and it wasn't pretty."

Thankfully, just two years later, Fillion was offered the lead in Serenity, a film based on Firefly. Yet another dream was coming true.

"I find it very difficult wishing for more because I got everything I wanted."

Whatever Whedon asks for, Fillion does. "I have a rule: every time Joss calls me to say, 'let's do this project,' I'll do it. He's done more for me single-handedly than anyone else. I've had more success with Castle than I dared to dream of and I wouldn't have had it had it not been for Joss, because no one would hire me for a lead role. No one would give me a chance to prove my self. But Joss was that guy."

Following the box office success of Whedon's latest venture, The Avengers, can we expect a Captain Reynolds comeback?

"Joss changed my life, so I could never look at him and say 'more.' The most important thing is that people now know how clever he is. I find it very vindicating that everyone, not just his fans, knows this."

But let's shift our focus over to Fillion's current role in ABC's comedy series Castle, where he plays Richard Castle, a mystery novelist helping the NYPD solve unusual crimes.

So has he managed to pick up any good detective skills from the show? Apparently not. "Me, Nathan Fillion, solving crimes? I'm not very bright so no, a lot of murderers would get away."

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# Cruise lays low while speculation swirls around divorce case

While estranged wife Katie Holmes has been out and about in New York City since filing for divorce, Tom Cruise has been lying low.

"It's not Tom's style to do this publicly. He is really sad about what's happening," his lawyer, Bert Fields, tells BBC News. "We are letting 'the other side' play the media until they wear everyone out, and then we'll have something to say."

Cruise is expected to file his own divorce papers in response to Holmes' filing, in which she requested sole legal custody of their 6-year-old daughter, Suri.

"Tactically, we can't say where Tom will file a divorce case and if he'll be seeking joint custody of Suri," Fields says.

Katie Holmes. ALL PHOTOS GETTY IMAGES

# What do Katie, Nicole and Mimi have in common — besides Tom Cruise?

Some eagle-eyed gossip-watchers have noted that all of the actor's wives — Mimi Rogers, Nicole Kidman and now Katie Holmes — have called it quits with him at the age of 33.

Just an odd coincidence? Maybe not. In a recent survey conducted by British social-networking site Friends Reunited, 70 per cent of respondents over the age of 40 claimed they weren't truly happy until they turned 33.

"By this age innocence has been lost, but our sense of reality is mixed with a strong sense of hope, a 'can-do' spirit, and a healthy belief in our own talents and abilities," psychologist Donna Dawson says in the survey's findings.

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# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

## *Humphries stands alone*

THE WORD
Monica Weymouth
Metro World News in New York

It seems everyone has had enough of Kris Humphries. After reports that his Kim Kardashian rebound, ex-girlfriend Myla Sinanaj, is pregnant, his publicist dropped him as a client.

"They went different ways because Kris was becoming too much to handle. These stories about him (dating) girls would pop up (in the press), and he'd deny it — then it would turn out to be true," a source tells Life & Style.

"Kris tries to put on this innocent, good-hearted image, but as you get to know him, it just doesn't turn out to be true."

Unfortunately, being a scheming drama queen won't get you fired from this page. Kris, buddy, we'll check in tomorrow.

**Want to hang at home with Gwen Stefani?**

After fellow celebs George Clooney and Sarah Jessica Parker invited the Obama campaign over for a party, Gwen Stefani is hosting a Family Fun Day at her home with Michelle Obama. For $1,000, a family of four can head over to enjoy some "child-friendly campaign fun" at her L.A. mansion on August 12.

Does this include playing dress up with her No Doubt wardrobe? If so, completely worth it — and dibs on that polka-dot Don't Speak dress.

Justin Bieber

# Biebs blames his need for speed on pursuing paparazzi

Justin Bieber's need for speed got him in a bit of hot water late last week when he was pulled over and cited for going more than 100 miles per hour in his $102,000 Fisker Karma sports car on the 101 freeway through the San Fernando Valley, according to E! News.

But he apparently wasn't just out for a joy ride, as Bieber reportedly told California Highway Patrol officers that he was evading pursuing paparazzi.

Whether or not that's true, his driving clearly frightened other drivers, including L.A. City Councilman Dennis Zine. "It was a very dangerous, chaotic situation," Zine tells E! "When he passed me, he was … driving in a careless, reckless fashion."

Zine says that when he called 911, the operators informed him that they'd already received 10 calls about Bieber's speeding.

Ringo Starr

# All Ringo wants for his 72nd birthday is some peace and love

The 1960s mop top is gone, but Ringo Starr is still flashing a peace sign. The former Beatle marked his 72nd birthday Saturday by holding a "peace and love" moment at noon. He asked people worldwide to do the same at 12 o'clock in their time zones. The idea came to him in 2008 when an interviewer asked him what he wanted for his birthday. Since then, he has held events each year. THE ASSOCIATED PRESS

Twitter

**@RedHourBen**
Watching Die Hard W/ a Vengeance on broadcast TV. "Yippy-ky-yay MY FRIEND" doesn't quite pack the same punch.

**@MissKellyO**
Really? The a-hole in front of me almost knocked me out putting her seat back Might get a black eye Im going 2 kick her seat all the way to LA

**@Joan Rivers**
I love performing on Cape Cod!!! It's the most popular tourist destination for gay men, if you don't count John Travolta's hotel room.

**@ConanOBrien**
Justin Bieber's new album is not selling as well as expected. Think how bad it would be doing if I hadn't bought 50,000 copies.

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3 LIFE

Clean up

## No Popsicle mess

Popsicles are great in the summer, but they can be super messy. Combat this by cutting a little slit in the middle of a cupcake liner and then slipping the Popsicle stick through the slit. The cup will catch all of the drips! KAREN HUMPHREY, YUMMYMUMMYCLUB.CA

Catching the drips is simple with a cupcake liner. ISTOCK

Iced coffee fix

## Great to last sip

Does your iced coffee start out perfectly brewed but then rapidly become nothing but a glass of mostly water thanks to those pesky melting iced cubes?

Try making your ice out of coffee instead of water!

Brew your coffee, pour it into ice cube trays and freeze. When you pop the coffee cubes into your iced coffee, your drink will maintain its full strength as you sip away.

Keep plenty of coffee cubes on hand in your freezer to keep you going all summer long! JEN CHARRON, YUMMYMUMMYCLUB.CA

Avoid watered down ice coffee with coffee ice cubes. ISTOCK

# It's DIY childrens' meals

**Baby food.** Making your little one's food doesn't have to be all that intimidating

SARAH DEVEAU
yummymummyclub.ca

Making your own baby food is quick, cost-effective and rewarding. All you need is a blender or food processor, a steamer basket and ice cube trays.

Pick up a few vegetables and fruits — broccoli, carrots, cauliflower, peas, sweet potatoes, apples, mango. Anything except citrus fruits will do.

Clean and peel the food, steam it in separate batches, and then puree it in a blender or food processor until it is smooth. Spoon the purees into ice cube trays, cover with plastic wrap and freeze. Once frozen, dump the cubes into labelled freezer bags. They'll keep for up to three months.

In less than two hours, you can make enough food for baby for a month.

To prepare food from frozen, remove the required cubes and thaw them overnight in a small container in the fridge. Initially, baby may only eat half a cube or less, but will soon move up to a cube or two or more of different foods.

Making your own baby food will trim between $10 to $15 a month off your food budget, or more as baby consumes more. Quality and taste are also among the reasons most parents give for making their own baby food. By making your own baby food, you'll have greater control over what your children eat, and their taste buds can be exposed to foods the rest of the family already enjoys.

You'll also make fewer trips to the grocery store, saving yourself the hassle of lugging home and then recycling all those little jars.

YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP BUSY WOMEN SURVIVE MOTHERHOOD

Making baby food at home only requires a few tools. ISTOCK

**Essential tips**

- **Safety.** Practice safe food-handling procedures.
- **Brush.** Scrub fruits and veggies very well with a vegetable brush.
- **Mashing.** Soft fruits like bananas need only be mashed. Hard fruits should be cooked first.
- **Less is more.** Don't add salt and sugar.

Activities

## *Get their hands dirty*

Summer is about memories and exploration. Mess can help to remove inhibition and allow kids to learn more about themselves.

Let them get messy!

**Body painting with pudding**
Pudding is edible (obviously!), which is both yummy and safer for young ones who get right into sensory activities with all their taste buds!

**Mud pie madness**
Whether it's splashing in an old-fashioned nature-generated mud puddle or self-creating one with water and dirt, mud is a joy of childhood that should not be missed. Dirt can be squished and built into structures like sand castles.

**Finger painting foolin'**
One of our favourite things to do is create massive murals with finger paint. Roll out long rolls of paper outside and tell your children to create a masterpiece. Look around the garden for natural inspiration and paint with a pinecone or stamp with a dandelion head — experiment. And, get messy!

MOMSTOWN

Battle the heat

## *Places to cool down the kids*

**It's summer in Canada — and it's hot! Here are some cool places to take hot kids:**

**1. The public library. It's cool and free. It also has a great kids section of books, colouring books and magazines. It even has reading time drop-ins.**

**2. Mall walking. Stroller walking a mall is great exercise (and it's air conditioned).**

**3. Play date. Have a buddy over to play. Break out the sprinkler, buckets of water or the baby pool.**

**4. Crafts in the cool basement.**

**5. Swim in the bathtub. Cool the hot kids off with a swim in the bathtub. It takes the chore of a bath and turns it into fun when you do it in the middle of the afternoon, while wearing a swimsuit!**

**And remember, whether you stay home or go out — drink lots of liquids (both you and the kids) to keep hydrated.**
CAROLINE FERNANDEZ, YUMMYMUMMYCLUB.CA

On the Web

Early full-term babies may face later academic woes; more time in womb is better, study says

# You're six tips away from better family photos

Your kiddos are finally not screaming.

You grab your camera and think, "I only get one shot. Once they hear that little 'click,' the calmness turns to chaos." You take a chance — click — chaos ensues.

Sadly though, your picture isn't quite how you imagined it. Maybe it is too dark or too bright or it's all fuzzy. Let's fix that.

Here are some tips and tricks to taking better pictures of your kiddos:

**Always be prepared**
Having your camera with you at all times (with totally charged batteries and empty memory cards) is key.

You never know when those "special moments" will happen!

One rule for most photographers is quantity then quality. Take lots and lots of pictures to ensure that you get one that is just right.

**Make a date with your camera**
Set aside some time to go over the manual and the camera together. Read and practice at the same time.

Knowing how your camera works always helps when you want to take a picture.

**Find the light**
Photography is all about lighting and finding the best light is key to getting amazing images.

For most photographs, you want soft lighting. To avoid shadows popping up in images, make sure that there are no bright sunbeams shining onto your subject.

When you are outdoors, find some open shade instead of direct sunlight. This will make a world of difference in your final images.

**Take the time to focus**
It is imperative that you take the time to focus on the image you want to capture.

On most cameras this means pushing the shutter button half-way and letting the camera do its thing.

Once you're happy, push the button the rest of the way down and wait until you hear the click.

When focusing for portraits, make sure that your focus point is placed on the subject's eye.

**Think outside the box**
Once you find the best light for the image you're looking to get, just get your subject in it and YOU do the moving around.

Get lots of different angles and don't be afraid to think outside the box. Sometimes an off-centre image is more intriguing than a straight-on one.

**Variety is important**
When you look back at your images you want to remember all the tiny details about your little one, you also won't want all your images to look the same.

Don't forget about babies' little feet and hands, tiny noses, and squishy lips!

NICOLE HERDMAN, YUMMYMUMMYCLUB.CA

metro
CALGARY STAMPEDE
Monday, July 9, 2012

A rider jumps off his horse in this photo from the 1971 Calgary Stampede. TORSTAR NEWS SERVICE FILE

A photo from the 1971 Calgary Stampede. TORSTAR NEWS SERVICE FILE

The Calgary Stampede, which is celebrating its centennial this year, runs until July 15. JEFF MCINTOSH/THE CANADIAN PRESS FILE

# Stampede celebrates 100 years

**Birthday bash.** New features part of festivities the entire city can be excited about: Organizers

KRISTA SYLVESTER
For Metro

This year's Calgary Stampede centennial is being touted as unlike any other and organizers are backing it up with a smattering of new features, attractions and temptations.

The city has a special glow during the 10-days of Stampede that reaches each corner of the city, and for its centennial birthday organizers are going all out to ignite that glow even more.

Whether it's the 12-minute fireworks display lighting the skies in five city locations, or the new zip line ride or Tails horse performance on the grounds, this year is definitely special.

"We wanted to be able to share this special year with the entire city, whether they are at the park or not," says centennial strategist Laura Babin. "I think this is something the entire city can be proud of and excited about."

For example, the main gate on the west side of the Stampede LRT stations has undergone a makeover and is sporting a new look to reflect the symbolism of the Treaty 7 tribes.

The citywide Light up the Sky fireworks display is new this year, and will run six days out of the 10 at five city locations, including the Stampede Park, Heritage Park, McCall Lake, Elliston Park and WinSport's Canada Olympic Park.

"We wanted to bring the Stampede to people in their own backyards where they can celebrate with friends and family," says Babin. "This is really about including the entire city."

There are 130 food vendors this year, with 17 new foods and 10 new vendors.

As for new thrilling rides, there is the new zip line but another ride being dubbed the Outlaw is the first to carry the Calgary Stampede brand named after the famous bucking bull.

Riders will have to hold on for their lives as they dip and twist on the ride that is based on one of the wildest animals in the history of the rodeo.

And, of course, this year's rodeo and the chuckwagon races are a definite must-see with 20 current and past world champions, 21 Canadian champions and 26 Calgary Stampede champions competing for a share of the $2 million in prize money. The GMC Rangeland Derby features 36 chuckwagon drivers competing for a portion of the $1 million purse.

The city has changed a lot in 100 years, and so has the beloved Calgary Stampede.

"I've been here for 16 years and it's so exciting to see and be part of a lot of changes over the year," Babin says. "This is such an important year and we hope to celebrate 100 more."

**Admission rates**

- The Stampede runs until Sunday, July 15
- Park admission rates: General, $16; Seniors, $8; Children (7-12), $8; Children (6 and under), free

BILL MARSH/CALGARY STAMPEDE PHOTO

Coca-Cola Stage

Here's the lineup of who's playing the Coca-Cola Stage this afternoon:

- **Noon:** Terry Stokes
- **1:30 p.m.:** Victoria Duffield
- **2:15 p.m.:** Karl Wolf
- **3:30 p.m.:** Danny Fernandes
- **5 p.m.:** Terry Stokes
- **9 p.m.:** K'Naan, above

# 'It's not just playing music'

## World championships. Marching bands descend on Calgary to vie for top honours

TESSA CLAYTON
For Metro

If you're looking for something a little off the beaten trail during the Stampede, you might want to check out the World Association of Marching Show Bands world championships.

The championship wraps up on Tuesday, with roughly 13 international bands on the list from places like Denmark, Thailand and Taiwan. Seven groups from Calgary are also vying for the title.

"It's a great opportunity to see different cultures come together to experience the Stampede, see youth doing something that not all youth do," said Mike Jewitt, director of bands for the Stampede.

Most of the performers range in ages between 15-18, and groups can range in size from 50 to more than 100 performers.

The Calgary Stampede Show Band in Friday's parade. TESSA CLAYTON/FOR METRO

Robin Leitch, with the Calgary Stampede Showband, works on putting the final touches on her performance during practice. CANDICE WARD/FOR METRO

Marching bands have been a part of the Stampede since the very beginning, pointed out Tim Neis, chair of the visiting bands committee.

"The Stampede started out as a country fair and bands, marching bands, are certainly an aspect of a traditional country fair."

Marching bands give extra value and flair to the Stampede in a different way, Jewitt said. The shows are often dramatic, with every single band bringing something different — everything from glitz and glamour to militaristic will be on display.

"There's definitely a show aspect — it's not just playing music ... they're doing more than that and putting on a show," said Neis.

Jewitt agreed, explaining the championships are about combining music and visual effects to entertain the audiences both aurally and visually.

As with the Stampede, marching bands have evolved over time — according to Jewitt, early bands usually just walked straight down the parade route as they played.

"Now we make precision formations on the field, they're actually running and playing and we have props and different visual effects to actually add in above what a standard marching band would do."

There's also usually a theme — for the Calgary Stampede Show Band, this year it's "The Legend Continues," which will have them showcase the changing face of the Stampede.

"So they'll try portraying that in how they move on the floor while they're marching and playing," Neis explained.

Both Neis and Jewitt said holding the prestigious world championships in line with the Stampede's centennial is huge.

The last time the event was in town was in 2000.

Besides the competition, the marching bands will be doing performances at all Stampede caravan breakfasts and each day at the Saddledome at 4 p.m.

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The Sheepdogs will rock the Coca-Cola Stage on July 11. ALEX KIRZHNER PHOTO

Dragonette hits the Coca-Cola Stage on July 12. KRISTIN VICARI PHOTO

The Trews perform on July 14. CONTRIBUTED

# This year 'unlike any other'

**Centennial celebrations.** Attractions include new zip line, Enmax Corral show, musical acts, more

**KRISTA SYLVESTER**
For Metro

Chances are you've been to the Calgary Stampede before, but that shouldn't stop you from attending this year.

With the Calgary Stampede's centennial celebrations this year, there are so many new features and attractions that even a seasoned "stampeder" can catch something new, says publicity manager Jennifer Booth.

"This year is unlike any other and we really just wanted to knock it out of the park," Booth says. "We want to see smiles on people's faces."

And that starts as soon as you walk into the Stampede grounds with this year's hot new attraction, the Centennial Zip Line. It's the longest temporary zip line in Canada spanning 950-feet across the park at speeds reaching 60km/hr.

"We are thrilled to have this experience on the park for our guests," Booth says, adding the zip line sits 118-feet in the air. "Our visitors will experience the Stampede from new heights."

The $40 attraction is sure to be a hit with an expected 1,100 riders per day, but Booth is confident the attraction will run efficiently with riders having an option to pre-book the time they want to ride.

Another new attraction this year is the Enmax Corral show called Tails. Three horses, one legend, Tails tells the story of three equine horses who take the audience on a mythical journey.

"The horses are really the stars of this show," Booth says. "There will be special effects and amazing tricks – it's really quite a production."

And everyone loves the rodeo but be sure to stick around for this year's TransAlta Grandstand Show featuring Alberta-born Paul Brandt.

There will also be elaborate song and dance hits from the past 100 years with comedy, daring acrobatics and more.

"It's a fast-paced, exciting finale that will entertain the audience throughout the whole show," Booth says. "It's going to be amazing."

**Not to be missed this week**

- **July 10:** Seether
- **July 11:** The Sheepdogs
- **July 12:** Dragonette, Carly Rae Jepsen
- **July 13:** Simple Plan
- **July 14:** The Trews, Big Sugar
- **July 15:** Mother Mother

**Nashville North**

**Here's the lineup of who's playing the Nashville North stage today:**

- **1 p.m.:** Marshall Dane
- **2:15 p.m.:** Karen Lee Batten
- **3:30 p.m.:** Marshall Dane
- **4:45 p.m.:** Karen Lee Batten
- **7:45 p.m.:** Marshall Dane
- **9:30 p.m.:** Lukas Nelson & Promise of the Real
- **11:30 p.m.:** Shane Chisholm
- **12:30 a.m.:** Shane Chisholm

# Food. Options include taco pizza

Everybody knows about those deliciously addicting mini doughnuts from the Calgary Stampede Midway, but this year the fair has so much more to offer for people who have special diets.

In the past, food options may have unintentionally excluded gluten- and wheat-sensitive eaters, but not any more, according to Stampede publicity manager Jennifer Booth.

"People are more aware of their food sensitivities now and we want to make sure everyone has a chance to eat," Booth says. "There are a number of options for people with gluten or wheat allergies this year."

Options include French fries from Fresh Cut Fries, spicy pad Thai from Island Noodle Stir Fry or the Savage Lands salad from the Mighty Skillet food truck on-site. Los Compadres food truck is also offering corn tortillas, steak tacos, quesadillas and more that are all gluten-free.

What about dessert? Why not check out the gluten-free ice cream or fudge. You don't have to be gluten sensitive to enjoy these treats.

Booth says many other food items can also be modified to suit specific dietary needs, so if you see something you like, just ask.

But the Stampede is still offering up old favourites — yes, mini doughnuts and candied apples. New items on the menu — 17 to be exact — include deep-fried Kool-Aid, deep-fried vegetables, deep-fried wagon-wheels, and deep-fried pickle chips.

Not a fan of the batter? Why not check out the cotton candy cupcakes, sausage on a stick, red velvet funnel cake or the taco pizza?

If you're feeling really adventurous and love meat, you can attempt to indulge in the Calgary Stampede Centennial Sandwich, which is made up of Spolumbo's chicken sausage topped with pulled pork, bison and beef, and horseradish slaw.

Now that's a big sandwich.

"We have a little bit of everything for anyone, so just come on down and try some new things," Booth says. "The best part is you can eat what you want and then work it off walking around the grounds."

For more information on what's on the menu, check out calgarystampede.com.

**Food trucks on site**

- Los Compadres
- Mighty Skillet
- Naaco Trucka

Candied apples are a fair favourite. SHANE KUHN/CALGARY STAMPEDE PHOTO

A Stampeder eats a corndog on the Midway. TYE CARSON/CALGARY STAMPEDE PHOTO

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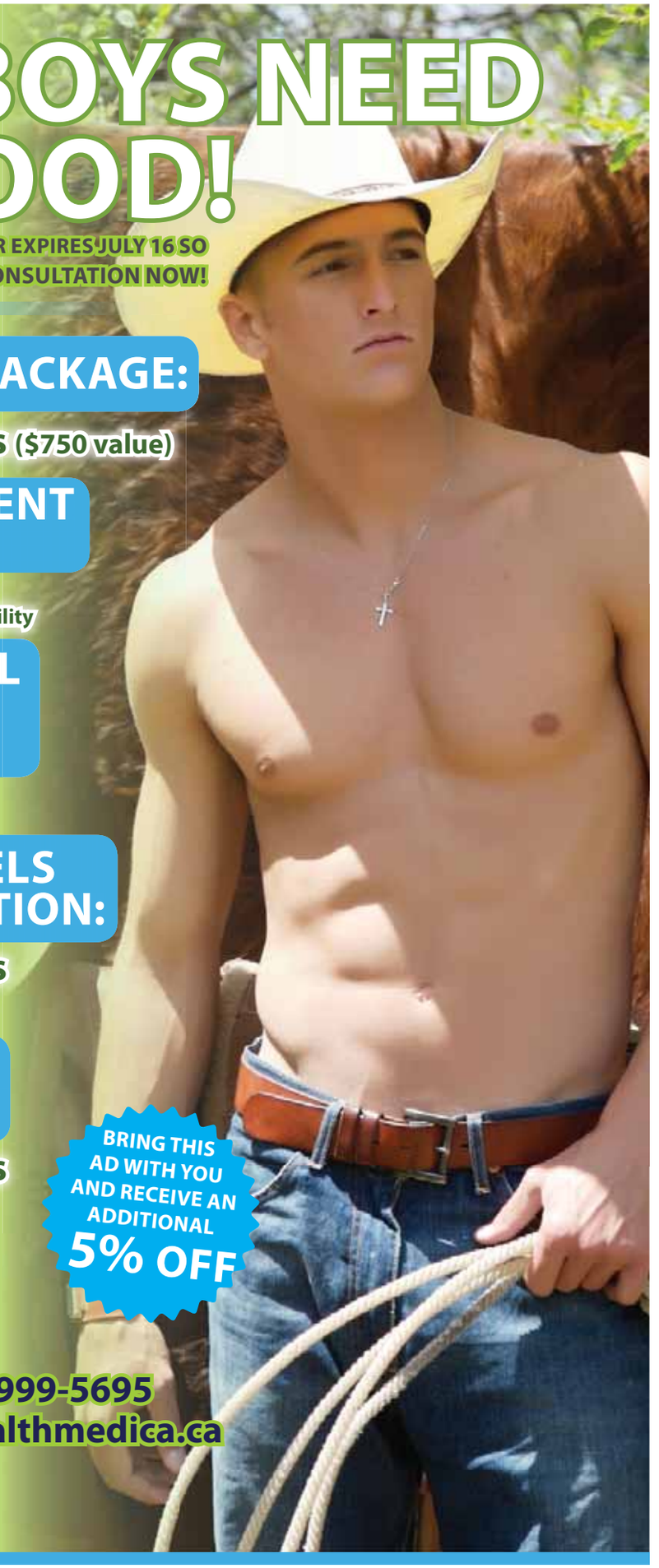

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# Give the traditional burger a Mediterranean makeover

This recipe serves four and takes less than 30 minutes to make. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

ROSE REISMAN
for more, visit
rosereisman.com

Giving Mediterranean flavour to a traditional burger is perfect for a summer barbecue. The sauce is a must and if you want a bun, go for a multigrain one.

**1.** Burgers: Combine the ground beef, egg, dried basil and oregano, bread crumbs, ketchup, garlic, onion and feta in a large bowl and shape into 4 burger patties. Grill or sauté in a pan lightly coated with cooking spray. Cook on 1 side for 7 minutes, then turn over and cook 3 to 5 more minutes or just until beef is done.

**2.** Combine all the sauce ingredients in a food processor and purée until smooth.

**3.** Serve the burgers with the sauce and garnish with fresh basil or parsley. ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

**Ingredients**

**Burgers**
- 1 lb extra-lean ground beef
- 1 egg
- 1 tsp dried basil
- 1/2 tsp dried oregano
- 3 tbsp seasoned dry bread crumbs
- 3 tbsp ketchup
- 2 tsp finely chopped garlic
- 1/4 cup finely chopped onion
- 1/4 cup crumbled feta cheese

**Sauce**
- 1/4 cup crumbled feta cheese
- 1/4 cup light cream cheese, softened
- 3 tbsp low-fat plain yogurt (or sour cream)
- 1/2 tsp finely chopped garlic
- 1 tbsp lemon juice
- 1 tbsp water
- 1/2 tsp dried basil
- 3 tbsp chopped fresh basil or parsley (for garnish)

**Healthy eating**

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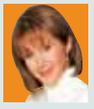

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**Everyone loves heading to Dairy Queen for sweet treats. Believe it or not, some are actually healthier than others.**

### Dairy Queen hot fudge shake (med)

**770 calories/ 29 g fat/ 21 g sat fat/ 96 g sugar**
The word "shake" always means you should watch out. Ice cream and excess chocolate sauce gives you half your day's calories and two days' worth of sugar.

### Equivalent

One medium Dairy Queen hot fudge sundae is equal to 22 pieces of bacon-wrapped scallops from M&M Meatshop in calories.

### Dairy Queen hot fudge sundae (med)

**447 calories/ 15 g fat/ 10 g sat fat/ 57 g sugar**
The sundae consists of vanilla soft serve with sauce. Try a small or ask for less sauce to make a difference.

# Apple Phyllo Cigars. Use fave Greek dough for treat

**1.** In bowl, stir sugar, cinnamon and nutmeg. In skillet over medium heat, toss apples with 1 tbsp of sugar mix and salt. Sauté until tender, 4 mins.

**2.** In cup, mix lemon juice, water and cornstarch. Stir into apples and cook for 30 seconds. Remove and allow to cool.

**3.** To assemble cigars: Heat oven to 400 F. Coat baking sheet with cooking spray. Evenly stack 4 sheets of phyllo dough. With paring knife, slice stack in half lengthwise. Remove one half sheet from stack. Cover rest with plastic wrap, then damp kitchen towel.

**4.** Spoon 1 tbsp of apple filling across one of the short ends of phyllo dough. Spritz dough lightly with cooking spray and sprinkle lightly with about 1/2 tsp of reserved spiced sugar.

**5.** Starting with apple end, roll up pastry sheet to create log with apples in middle. Place cigar on baking sheet, with loose end down. Repeat with remaining apple filling, sugar mixture and pastry sheets.

**6.** Spray tops of cigars lightly with cooking spray and sprinkle with a bit more of the sugar. Bake 15 mins., or until golden. Serve warm. THE ASSOCIATED PRESS

**Ingredients**

- 1/4 cup sugar
- 1/2 tsp cinnamon
- 1/4 tsp ground nutmeg
- 2 Gala apples, peeled, cored and diced
- Small pinch salt
- 1 tsp lemon juice
- 1 tsp water
- 1 tsp cornstarch
- 4 sheets phyllo dough
- Cooking spray

# Herbed Greek Lamb Kebabs grab barbecue spotlight — opa!

While everyone on the block is doing burgers and dogs, steaks and chops, set yourself apart this summer and grill up something a little bit different.

Lamb kebabs are inexpensive, yet delicious and richly flavoured meat that's perfect for the grill.

To make these kebabs shine, go with a yogurt marinade using classic Greek flavours. The result is a tender, robust kebab with bold, yet fresh flavours.

Even better is that these kebabs can be prepped a full day ahead. The longer the meat bathes in the yogurt sauce, the better the flavour.

**1.** In a large bowl, mix together the yogurt, garlic, lemon zest and juice, oregano, chives, salt and pepper. Pour half of the yogurt sauce into a bowl, cover and refrigerate. Add the lamb meat to the remaining yogurt sauce in the bowl and mix to coat well. Refrigerate for at least 1 hour and up to 24.

**2.** When ready to cook, heat the grill to medium-high. Using an oil-soaked paper towel held with tongs, oil the grill grates.

**3.** Remove the lamb from the yogurt sauce. Thread the meat onto skewers, alternating with chunks of green bell pepper. Grill the kebabs for 5 minutes per side, turning to cook evenly.

**4.** Serve the kebabs sprinkled with chopped fresh herbs and lemon wedges for squeezing over them. Serve with the reserved yogurt sauce.

THE ASSOCIATED PRESS

**Ingredients**

- 2 cups plain low-fat Greek yogurt
- 4 to 5 cloves garlic, minced
- Zest and juice of 1 lemon
- 2 tbsp chopped fresh oregano
- 1 tbsp chopped fresh chives
- 1 tsp salt
- 1/2 tsp ground black pepper
- 2 lbs lamb loin, cut into 2-inch chunks
- 2 green bell peppers, cored and cut into large chunks

**To serve:**
- 1/4 cup chopped fresh herbs, such as oregano, parsley, chives and thyme
- 1 lemon, cut into wedges

This recipe serves six. MATTHEW MEAD/ THE ASSOCIATED PRESS

# It's healthy to walk to school

**Reduce your footprint.** Canada Walks is raising awareness about the benefits of active transportation

BEN KNIGHT
green@metronews.ca

Be happier, healthier and stress free — take a walk. ISTOCK PHOTOS

Walking to school is simple, healthy and fun. And a large number of Canadian kids never do it.

"Unlike other countries, Canada hasn't paid much attention to the issues that people have when they travel on foot," says Jacky Kennedy, director of Canada Walks.

"At some point in our day, everybody does it, but it's the most under-represented, ignored mode of transportation."

Canada Walks — part of the umbrella organization Green Communities Canada — is trying to raise awareness of the benefits of active transportation — walking, cycling and rollerblading. They're trying to reach the parents of the 41 per cent of children who are routinely driven to school.

"Pretty much what our society has done, over the last 30 years, is we've engineered physical activity out of our children's lives," Kennedy explains.

"Our program targets the 68 per cent of Canadian children who live within a reasonable walking distance of their schools — about one-and-a-half kilometres. Only about 30 per cent of those currently use active travel to get to and from school."

There are a lot of reasons why this is. Parents worry about the safety of their kids, and there's a compelling level of convenience to just dropping your children off at school, and driving on to the rest of your day.

Kennedy counters that this caution and ease has its consequences.

"Children need a minimum of 90 minutes of physical activity a day, and we know that many children aren't getting that. If they walk to school, there isn't a problem with burning off their excess energy."

Canada Walks does detailed assessments of the community surrounding a school. Are the walking and biking routes safe? If so, they organize programs like the Walking School Bus, where groups of children walk home together, accompanied by adults.

Another program is Walk on Wednesday, where as many children as possible are asked to walk to school on the same day. With repetition, parents begin to see the health benefits — and it's hard not to notice a substantial drop in car traffic around their school.

"Parents and kids who are using active transportation some of the time are happier, they're less stressed, they feel healthier and the kids are doing better in school," Kennedy notes.

For more info, visit saferoutestoschool.ca.

**By the numbers**

**68%**

Number of Canadian kids who live within walking or biking distance from their schools. Two-thirds of them now get driven to school.

**Queen of Green**

## *Circling the drain issues with cleaners*

QUEEN OF GREEN
Lindsay Coulter
green@metronews.ca

**How can I unclog a drain without using toxic chemicals?**
***Christine of London, Ont.***

Chemical drain cleaners are some of the most toxic household cleaning supplies lurking under your kitchen sink. It's best to avoid them.

Many drain openers contain sodium hydroxide (also known as lye and caustic soda). It's highly corrosive, can burn eyes, skin and lungs and is a respiratory irritant. Long-term exposure in the air may lead to ulceration of the nasal passages and chronic skin irritation. Prevention is the key to keeping your drains clear. Use a drain basket or screen to keep hair and food scraps out.

It's a quick and cheap solution since 99 per cent of the time your drain is clogged with these pesky organics (often well coated in soap scum).

And, never pour grease down the drain. It will coat your pipes and you'll regret it. A plunger or snake is a simple mechanical solution, or try my simple home remedy with food-grade ingredients!

You'll need one cup of white vinegar, half a cup of baking soda and four cups of boiling hot water.

**Step 1:**
Sprinkle the baking soda down the drain.

**Step 2:**
Pour the vinegar down the drain and watch it fizz for five to 10 minutes.

**Step 3:**
Chase the first two ingredients with boiling water (careful not to burn yourself with the steam). This recipe will work best when used regularly, say monthly, and once you've removed any large bits of debris from your kitchen or bathroom sink manually.

And beware of sodium hydroxide in other cleaner products like oven cleaners, bathroom cleaners, disinfectants and toilet-bowl cleaners. Make my simple green cleaning recipes instead, which you can find at queenofgreen.ca.

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# We can (have it all), but we still have to make all these changes: Author

**A female fallacy?**
Author Anne-Marie Slaughter responds to the 1.2 million readers of her controversial article about women and work-life balance

MICHELLE CASTILLO
Metro World News

Anne-Marie Slaughter, author of Why Women Still Can't Have it All. GETTY IMAGES

By many standards, Anne-Marie Slaughter — professor of politics and international affairs at Princeton University, former dean of Princeton's Woodrow Wilson School of Public and International Affairs and former director of policy planning for the U.S. State Department — has had it all. So, when she wrote an article in The Atlantic explaining how women can't have it all, it sparked a discourse on both sides of the debate.

More than 1.2 million people have come to The Atlantic to read Slaughter's piece, which has more than 2,000 comments and over 173,000 Facebook likes — making it the most read piece on The Atlantic site, and on track to be the most read ever.

Metro World News spoke to Slaughter about what she wished she clarified in the piece and how other generations might have interpreted the piece in different ways.

**As a 25-year-old young professional who wants to have a career, I was intrigued by your article, and I know that a lot of people my age were as well. I noticed that you mentioned that you set it up in the wrong framework in a chat you had later on The Atlantic. Can you explain that a little bit more?**

As I keep telling people, this is in part a generational thing. My generation having it all meant, my mother's generation had no option to work. My mother wanted to go to medical school, and she was told, "You're going to get married." That was pretty common.

My generation suddenly had options. We could go to law school and med school, and we could have the careers our mothers could not have, and we could have those careers and you could still have a family. And, that's what having it all meant.

So when I sent my article around to people of my generation as well as younger women, many of them wrote back and said, "Look your message is women can't have it all — yet." In other words, we can, but we still have to make all these changes.

That's the message I was trying to drive home, which is you can have the same choices that men do. You make those choices that men do, that's fine, but we need to make the following choices.

**And for people my age?**

What I see is for another generation, and maybe two more generations after me — Gen X and Gen Y at least — you hear that very differently, right? You don't understand where it comes from. You can't imagine a world where women had no options. So to you it sounds like — you know, I think Rebecca (Traister of Salon) was right — it sounds picky, it sounds particularly bad to talk about having it all when so many Americans are in danger of what they have at all. They have much less.

So I think the framework needs to change, but what I said this morning, what I've said in tweets and interviews is that it's not that easy to talk about it. Yes, it's work-life balance, but it's still an issue that affects women more than men.

**I thought the way to go about having it all is to work as hard as you can, have as much as a career as you can until you reach your late 30s when you can decide to have children and then try to resume your career again when our children are 8, 9 or 10?**

Two things: you can't wait until your late 30s to have kids. You just don't want to go through what my generation went through. I can't tell you everything women have written to me after the article to explain that you know that they got to where I got and wanted to have kids.

You take a look at what happens after you're 35 to your fertility. For women like me, who miraculously through IVF (in-vitro fertilization) managed to have my first child and my pregnancy came pretty quickly, but there are women who didn't.

Even if you can, if there is any way to avoid it, you don't want to be there, you don't want to be having to go through and all the shots and technology and feeling pretty desperate at that point. It's hard to explain to a 25-year-old what a 35-year-old biological clock feels like, but it's real.

But the second point to your question, every parent I know will say to you in many ways they need you more when they're teenagers. It's very hard to believe when your kids are little because you just feel like "Oh my God, they're so needy. They can't feed themselves; they can't bathe themselves." You have to watch them all the time.

The difference is when they're teenagers, you don't have to be with them all the time. Half the time they don't want to be with you, but they do need the parenting which becomes not about time but about judgment, about how to exercise judgment about what fights to pick and what fights not to pick and when does your kid really need help and when is it normal teenagehood. Let me put it this way: It's very hard to do that long distance.

So, you know I think ideally, the ideal would be to sort of make it as high as you can and then have kids in your early 30s.

Take whatever time you need when they're young. Different mothers feel different ways about that, but at least hold open the possibility that when they hit their teens that you may well need to take a pause or a lull or a plateau.

**Why did she write it?**

## *Getting passed modern guilt*

"What caused me to write the article was suddenly getting these sort of negative messages from people and women suggesting that, 'gee it's disappointing that I wasn't able to stay the course. I hadn't been able to go the whole four years, I hadn't been able to be promoted'. And that makes you feel bad.

"That's why I want to say, no, wait a minute this is an incredibly important decision and one that I feel completely good about, except that I have to fight negative messages. And the women who are writing me who are saying thank you, are saying thank you because they feel so devalued when in fact they are making a choice to live up to their responsibilities as parents and to invest in the next generation and to do a whole lot of things as a society we should be celebrating them for not castigating them."

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The economy may have taken a toll on your bank account, but how is it affecting your love life? ISTOCK

# What women want? Men who have a job

**Must love labour.**
Survey finds women think employment is crucial when choosing a partner, but men do not

KIERON MONKS
Metro World News

If you're an unemployed man you can forget about romance. According to a new survey from U.S. dating agency It's Just Lunch, most women are unwilling to date jobless men.

From a survey of 925 single women, just four per cent said they would date an unemployed man, with another 21 per cent saying: "Yes. But I'd be curious to see how they're keeping occupied." By contrast, 65 per cent of men said they would be interested in dating an unemployed woman.

"Not having a job will definitely make it harder for men to date someone they don't already know," says Irene LaCota, spokesperson for It's Just Lunch. "This is the rare area where women's old-fashioned beliefs about sex roles seem to apply."

"Women are not interested in unemployed men as partners," social scientist and author Dr. Catherine Hakim told Metro. "The vast majority of women do take a man's income into account, right from the start. The vast majority of men take a woman's appearance and good looks into account but almost never her earning capacity."

**Pretty but penniless?**

**"The vast majority of men take a woman's appearance and good looks into account but almost never her earning capacity.""**
**Dr. Catherine Hakim**
Social scientist and author

A series of recent studies have found that women continue to see earning power as key. A Sunday Times poll in May found that 64 per cent of women wanted a partner to earn more than them, while a University of Virginia study found that wives are typically happier when the man is the main bread-winner. "Women who take a man's wealth into consideration when dating are likely to be happier down the line," said study author Bradford Wilcox.

**Get your act together**

**Dr. Maria do Mar Pereira, a gender studies lecturer at the University of Leeds, told Metro that planning ahead is a key factor.**

- "Partly through social pressure, women know what they want and have an eye on the future, whereas men assume they will be in a relationship and worry about it later."

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# Restoring the lives around him

**Home is where his heart is.** Richard Walls has used his designing expertise to do good in his 'hood

THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca


Richard Walls is a visionary entrepreneur who wears his heart on his sleeve.

He's also revitalizing Winnipeg's downtown, one old building at a time, while he gives people who are suffering on the street a new lease on life.

Walls enjoyed a tremendous career as a designer in the hospitality industry.

He also took the lead in restoring Winnipeg's warehouse district and along the way he turned an old hotel on Main Street into 40 rooms of safe and dry housing.

"We took the main floor room and turned it into a drop-in centre for people on the street to come in and get involved in arts and crafts. We found vast majority have mental health issues and are in recovery from drug and alcohol issues. We work with them to give them a more complete life. I never thought I'd become a social worker and a designer but my work is more rewarding to me than getting a big cheque at the end of the day. It's not about making money it's about making a difference in life."

**Kindness over cash**

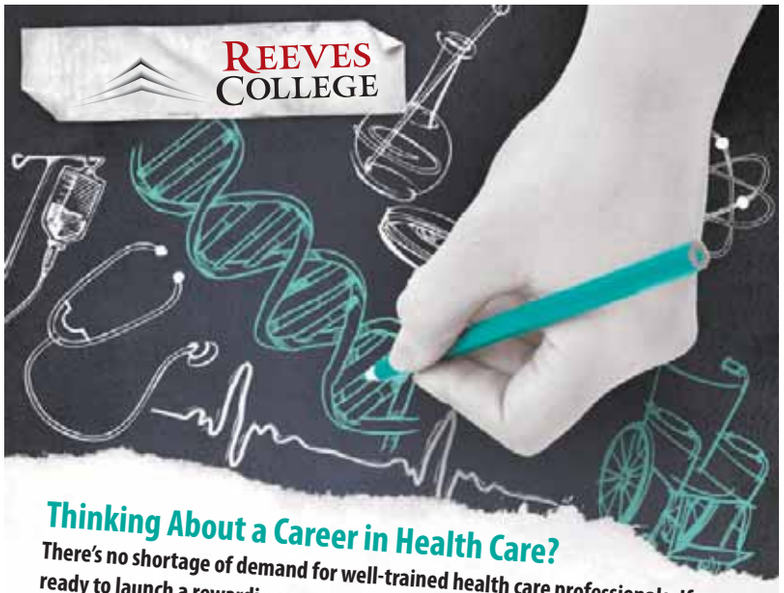
**"I never thought I'd become a social worker and a designer but my work is more rewarding to me than getting a big cheque at the end of the day."**
**Richard Walls**

**Richard Walls, designer and entrepreneur.** PROVIDED

**Secrets of success**

**Richard Wall's business tips**

- There's nothing better than the apprenticeship model. Start small and get to know the business.
- Understand the people that work with you and deliver your ideas. Rather than be an expert, get your hands dirty and walk a mile in their shoes.
- Have honesty and integrity and remember that it's not about making a quick buck.
- Make sure you can add value to anything you get involved with.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metro

# Federer back on top

**Tennis.** Swiss equals Pete Sampras for Wimbledon titles and reclaims No. 1 in world rankings

A Grand Slam title drought did indeed end in Sunday's historic and riveting Wimbledon final, only it was Roger Federer's lengthy-for-him gap between trophies that came to a close, rather than Britain's 76-year wait for a homegrown men's champion.

Making sure everyone knows he is still as capable as ever of brilliance on a tennis court — particularly one made of grass, and with a roof overhead — Federer came back to beat Andy Murray 4-6, 7-5, 6-3, 6-4 indoors on Centre Court for a record-tying seventh championship at the All England Club.

"It feels nice," Federer said, clutching the gold trophy only Pete Sampras has held as many times in the modern era. "It's like it never left me."

The victory also increased Federer's record total to 17 major titles after being stuck on No. 16 for over two years, and clinched a return to the top of the ATP rankings, overtaking Novak Djokovic, after an absence of a little more than two years. Federer's 286th week at No. 1 ties Sampras for the most in history.

"He doesn't want to stop now. He knows he's going to continue to play well and try to break seven, and he could very well end up with eight or nine Wimbledons," Sampras said in a telephone interview. "I just think he's that much better than the other guys on grass, and he loves the court the way I loved that court. He's a great champion, a classy champion, and I'm really happy for him."

After a record seven consecutive Wimbledon finals from 2003-09, winning the first six, Federer lost in the quarterfinals in 2010 and 2011, then wasted two match points and a two-set lead against Djokovic in the U.S. Open semifinals last year, raising questions about whether he might be slipping.

"I really almost didn't try to picture myself with the trophy or try to think too far ahead, really," Federer said.

After losing in the semifinals each of the previous three years, Murray was the first British man to reach the final at Wimbledon since Bunny Austin in 1938, and was trying to become the hosts' first male title winner since Fred Perry in 1936.

Murray dropped to 0-4 in Grand Slam finals, three against Federer. Only one other man lost the first four major title matches of his career: Ivan Lendl, who is coaching Murray now.

While Lendl never did win Wimbledon, perhaps Murray can take solace from knowing his coach did end up with eight Grand Slam titles.

"I'm getting closer," Murray told the crowd afterward, his voice cracking and tears flowing.

THE ASSOCIATED PRESS

**Women's tennis**

## *Williams hopes for big things*

Even at the age of 30, with a two-year gap since her last Grand Slam title and a long list of recent health problems, Serena Williams is hoping she's just getting started on something big.

Williams won her fifth Wimbledon title on Saturday — and 14th Grand Slam overall — to mark the culmination of an improbable comeback. With her health restored and her game back at its best, she's not planning on slowing down anytime soon.

"It's the beginning of a great phase," Williams said after beating Agnieszka Radwanska 6-1, 5-7, 6-2 on Centre Court.

Roger Federer celebrates match point against Andy Murray on Sunday at Wimbledon in England. JULIAN FINNEY/GETTY IMAGES

## Hunter-Reay wins in Toronto

Saskatchewan Roughriders wide receiver Rob Bagg reaches for extra yards Sunday against the Edmonton Eskimos in Regina. The Roughriders registered six quarterback sacks in a 17-1 win over the visiting Eskimos. LIAM RICHARDS/THE CANADIAN PRESS

## Canadians victorious on the grass

Filip Peliwo made it a clean sweep for Canada in the junior singles finals at Wimbledon.

The 18-year-old from Vancouver beat Australia's Luke Saville 7-5, 6-4 on Sunday to win the boys' crown, a day after fellow Canuck Eugenie Bouchard won the girls' trophy.

The Westmount, Que., native also added the girls' doubles crown on Sunday as she and Taylor Townsend of the U.S. defeated Switzerland's Belinda Bencic and Croatia's Ana Konjuh 6-4, 6-3.

The wins gave Canada an unprecedented three titles at a Grand Slam event.

Filip Peliwo of Vancouver poses with the trophy Sunday at Wimbledon. THE ASSOCIATED PRESS

Bouchard's victory in the girls' final on Saturday marked the first time a Canadian has won a singles final at any level at a major.

Peliwo, who lost to Saville in the Australian Open boys' final in January, said he used Bouchard's victory in singles as inspiration.

"I wasn't jealous of her title, but it made me ever more hungry, I wanted to have the same feeling for myself and for Canada. I knew it would be a great achievement if we were both champions," said Peliwo, who also lost in the boys' final at the French Open. "The two previous finals that I lost were also a big inspirations, I didn't want to lose again but (I) was not letting it get to my head."

Peliwo recovered to win both sets against Saville, coming from 2-5 down in the opener. THE CANADIAN PRESS

**Golf**

### Rookie gets first PGA Tour win

Rookie Ted Potter Jr. made a four-foot birdie putt on the third hole of a playoff with Troy Kelly on Sunday to win the Greenbrier Classic. It was the 218th-ranked player's first PGA Tour victory.

THE ASSOCIATED PRESS

**Olympic soccer**

### Ryan Giggs to captain Britain

Manchester United midfielder Ryan Giggs was named captain of Britain's Olympic team on Sunday, with coach Stuart Pearce turning to David Beckham's former teammate after cutting the Los Angeles Galaxy star. THE ASSOCIATED PRESS

Ryan Giggs THE ASSOCIATED PRESS

**Tour de France**

### Pinot rides away from the pack

Thibaut Pinot gave France its first stage victory in the Tour de France on Sunday while Bradley Wiggins of Britain kept the overall lead. At 22, the Frenchman is the youngest rider in the main pack.

THE ASSOCIATED PRESS

**Formula 1**

### Webber makes late pass for win

Red Bull driver Mark Webber won the British Grand Prix on Sunday, overtaking Fernando Alonso late in the race to cut into his rival's lead in the Formula One championship.

THE ASSOCIATED PRESS

## 4 SPORTS

**Endurance**

### *Canadians out front at triathlon*

**Canadian triathletes bullied the Edmonton triathlon on Sunday, claiming gold and silver in both the men's and women's races. Vancouver's Lauren Campbell and Sarah-Anne Brault of Levis, Que., earned the top spots in the women's race at the ITU Triathlon World Cup, with Bermuda's Flora Duffy taking bronze to prevent a Canuck podium sweep. On the men's side, Kyle Jones of Hamilton picked up his first World Cup win while Alexander Hinton of Kingston took silver. American Jarrod Shoemaker rounded out the podium.**

THE CANADIAN PRESS

**Mobile news**

**Heading into Major League Baseball's All-Star break, the Philadelphia Phillies may need more than four days to recover from a dreadful first half. The five-time NL East champions have lost 10 of 11 games and are 13 games under .500 (37-50). And the losing is taking its toll on players and manager Charlie Manuel. Scan the code for the story.**

# MLB

## AMERICAN LEAGUE

**EAST DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| New York | 51 | 33 | .607 | — |
| Baltimore | 45 | 40 | .529 | 6½ |
| Tampa Bay | 45 | 41 | .523 | 7 |
| Boston | 43 | 42 | .506 | 8½ |
| Toronto | 43 | 43 | .500 | 9 |

**CENTRAL DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Chicago | 47 | 38 | .553 | — |
| Cleveland | 44 | 41 | .518 | 3 |
| Detroit | 44 | 42 | .512 | 3½ |
| Kansas City | 37 | 47 | .440 | 9½ |
| Minnesota | 36 | 48 | .429 | 10½ |

**WEST DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Texas | 51 | 34 | .600 | — |
| Los Angeles | 48 | 38 | .558 | 3½ |
| Oakland | 43 | 43 | .500 | 8½ |
| Seattle | 36 | 51 | .414 | 16 |

**Sunday's results**
Detroit 7, Kansas City 1
Tampa Bay 7, Cleveland 6
Toronto 11, Chicago White Sox 9
L.A. Angels 6, Baltimore 0
Oakland 2, Seattle 1, 13 innings
Minnesota at Texas
N.Y. Yankees at Boston
**Saturday's results**
N.Y. Yankees 6, Boston 1, 1st game
Detroit 8, Kansas City 7
Chicago White Sox 2, Toronto 0
Cleveland 7, Tampa Bay 3
Texas 4, Minnesota 3, 10 innings
Boston 9, N.Y. Yankees 5, 2nd game
L.A. Angels 3, Baltimore 0
Seattle 7, Oakland 1
**Tuesday's game**
**All Times Eastern**
All-Star Game at Kansas City, MO, 8:15 p.m.

### ALL-STAR GAME ROSTERS
**(x-starter; y-injured will not play, z-voted final spot)**

### AMERICAN LEAGUE
**PITCHERS**
Ryan Cook, rh, Oakland
z-Yu Darvish, rh, Texas
Matt Harrison, lh, Texas
Felix Hernandez, rh, Seattle
Jim Johnson, rh, Baltimore
Joe Nathan, rh, Texas
Jake Peavy, rh, Chicago
Chris Perez, rh, Cleveland
David Price, lh, Tampa Bay
Fernando, Rodney, rh, Tampa Bay
y-CC Sabathia, lh, New York
Chris Sale, lh, Chicago White Sox
Justin Verlander, rh, Detroit
Jered Weaver, rh, Los Angeles
y-C.J. Wilson, lh, Los Angeles
**CATCHERS**
Joe Mauer, Minnesota
x-Mike Napoli, Texas
Matt Wieters, Baltimore
**INFIELDERS**
Elvis Andrus, Texas
x-Adrian Beltre, Texas
Asdrubal Cabrera, Cleveland
Miguel Cabrera, Detroit
x-Robinson Cano, New York
x-Prince Fielder, Detroit
x-Derek Jeter, New York
Ian Kinsler, Texas
Paul Konerko, Chicago White Sox
**OUTFIELDERS**
x-Jose Bautista, Toronto
x-Curtis Granderson, New York
x-Josh Hamilton, Texas
Adam Jones, Baltimore
Mike Trout, Los Angeles
Mark Trumbo, Los Angeles
Designated Hitters
Billy Butler, Kansas City
Adam Dunn, Chicago White Sox
x-David Ortiz, Boston

## NATIONAL LEAGUE

**EAST DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Washington | 49 | 34 | .590 | — |
| Atlanta | 46 | 39 | .541 | 4 |
| New York | 46 | 40 | .535 | 4½ |
| Miami | 41 | 44 | .482 | 9 |
| Philadelphia | 37 | 50 | .425 | 14 |

**CENTRAL DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Pittsburgh | 48 | 37 | .565 | — |
| Cincinnati | 47 | 38 | .553 | 1 |
| St. Louis | 46 | 40 | .535 | 2½ |
| Milwaukee | 40 | 45 | .471 | 8 |
| Chicago | 33 | 52 | .388 | 15 |
| Houston | 33 | 53 | .384 | 15½ |

**WEST DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Los Angeles | 47 | 40 | .540 | — |
| San Francisco | 46 | 40 | .535 | ½ |
| Arizona | 42 | 43 | .494 | 4 |
| San Diego | 34 | 53 | .391 | 13 |
| Colorado | 33 | 52 | .388 | 13 |

**Sunday's results**
Chicago Cubs 7, N.Y. Mets 0
Atlanta 4, Philadelphia 3
Colorado 4, Washington 3
Pittsburgh 13, San Francisco 2
Milwaukee 5, Houston 3, 10 innings
St. Louis 5, Miami 4
Cincinnati 4, San Diego 2
Arizona 7, L.A. Dodgers 1
**Saturday's results**
Washington 4, Colorado 1
Houston 6, Milwaukee 3
Pittsburgh 3, San Francisco 1
N.Y. Mets 3, Chicago Cubs 1
St. Louis 3, Miami 2
Atlanta 6, Philadelphia 3
Cincinnati 6, San Diego 5
Arizona 5, L.A. Dodgers 3

### NATIONAL LEAGUE
**PITCHERS**
Matt Cain, rh, San Francisco
Aroldis Chapman, lh, Cincinnati
R.A. Dickey, rh, New York
Gio Gonzalez, lh, Washington
Cole Hamels, lh, Philadelphia
Joel Hanrahan, rh, Pittsburgh
Clayton Kershaw, lh, Los Angeles
Craig Kimbrel, rh, Atlanta
Lance Lynn, rh, St. Louis
Wade Miley, lh, Arizona
Jonathan Papelbon, rh, Philadelphia
Stephen Strasburg, rh, Washington
Huston Street, rh, San Diego
**CATCHERS**
y-Yadier Molina, St. Louis
x-Buster Posey, San Francisco
Carlos Ruiz, Philadelphia
**INFIELDERS**
Jose Altuve, Houston
Starlin Castro, Chicago Cubs
y-Ian Desmond, Washington
z-David Freese, St. Louis
x-Rafael Furcal, St. Louis
Chipper Jones, Atlanta
Bryan LaHair, Chicago
x-Pablo Sandoval, San Francisco
x-Dan Uggla, Atlanta
x-Joey Votto, Cincinnati
David Wright, New York
**OUTFIELDERS**
x-Carlos Beltran, St. Louis
Michael Bourn, Atlanta
Ryan Braun, Milwaukee
Jay Bruce, Cincinnati
x-Melky Cabrera, San Francisco
Carlos Gonzalez, Colorado
Bryce Harper, Washington
Matt Holliday, St. Louis
y-Matt Kemp, Los Angeles
Andrew McCutchen, Pittsburgh
y-Giancarlo Stanton, Miami

### BLUE JAYS 11, WHITE SOX 9

| Toronto | ab | r | h | bi | Chicago | ab | r | h | bi |
|---|---|---|---|---|---|---|---|---|---|
| RDavis lf | 3 | 2 | 0 | 0 | De Aza cf | 5 | 3 | 1 | 0 |
| Rasms cf | 4 | 2 | 2 | 3 | Youkils 3b | 4 | 1 | 3 | 1 |
| Bautist rf | 3 | 2 | 1 | 1 | A.Dunn 1b | 4 | 1 | 0 | 1 |
| Encrnc 1b | 4 | 1 | 1 | 2 | Konerk dh | 4 | 1 | 0 | 0 |
| Lind dh | 4 | 0 | 1 | 1 | Rios rf | 5 | 3 | 3 | 4 |
| YEscor ss | 5 | 1 | 1 | 0 | AlRmrz ss | 5 | 0 | 3 | 2 |
| KJhnsn 2b | 4 | 1 | 1 | 2 | Viciedo lf | 4 | 0 | 2 | 1 |
| Vizquel 3b | 5 | 1 | 1 | 0 | Flowrs c | 3 | 0 | 0 | 0 |
| Mathis c | 5 | 1 | 2 | 1 | Przyns ph-c | 1 | 0 | 0 | 0 |
| Bckhm 2b | 5 | 0 | 2 | 0 | | | | | |
| **Totals** | **37** | **11** | **10** | **10** | **Totals** | | **40** | **9** | **14** | **9** |
| **Toronto** | | | | | **412** | **103** | **000** | **11** | |
| **Chicago** | | | | | **300** | **041** | **100** | **9** | |

E—Vizquel (1). DP—Toronto 1. LOB—Toronto 9, Chicago 10. 2B—Rasmus (18), Bautista (12), Lind (8), Mathis (5), De Aza (16), Youkilis (9), Rios 2 (19), Viciedo (8). 3B—Al.Ramirez (3). HR—Rasmus (17), Encarnacion (23), K.Johnson (10), Mathis (5), Rios (12). SB—R.Davis 3 (23), Vizquel (2). SF—Viciedo.

| | IP | H | R | ER | BB | SO |
|---|---|---|---|---|---|---|
| **Toronto** | | | | | | |
| Cecil | 4 1-3 | 6 | 7 | 6 | 3 | 5 |
| J.Chavez | 2-3 | 1 | 0 | 0 | 0 | 2 |
| L.Perez | 1 | 4 | 2 | 2 | 0 | 1 |
| Frasor W,1-1 H,12 | 1 | 0 | 0 | 0 | 1 | 2 |
| Oliver H,10 | 1-3 | 1 | 0 | 0 | 0 | 1 |
| Janssen S,12-13 | 1 2-3 | 2 | 0 | 0 | 0 | 3 |
| **Chicago** | | | | | | |
| Axelrod L,0-2 | 3 | 6 | 7 | 7 | 2 | 4 |
| Omogrosso | 2 1-3 | 1 | 2 | 2 | 3 | 1 |
| Septimo | 0 | 0 | 1 | 1 | 1 | 0 |
| N.Jones | 2-3 | 2 | 1 | 1 | 1 | 0 |
| H.Santiago | 3 | 1 | 0 | 0 | 2 | 2 |

T—3:48. A—27,190 (40,615).

# GOLF

## PGA GREENBRIER CLASSIC
**At White Sulphur Springs, W.Va.**
**Par 70 (34-36)**
**Final Round**

| | |
|---|---|
| x-Ted Potter, Jr., $1,098,000 | 69-67-64-64—264 |
| Troy Kelly, $658,800 | 69-67-62-66—264 |
| Charlie Beljan, $353,800 | 70-62-67-67—266 |
| Charlie Wi, $353,800 | 67-66-68-65—266 |
| Daniel Summerhays, $244,000 | 68-67-68-64—267 |
| Martin Flores, $219,600 | 64-68-69-67—268 |
| Roberto Castro, $177,510 | 71-64-71-63—269 |
| Ken Duke, $177,510 | 66-68-65-70—269 |
| Kevin Na, $177,510 | 69-67-68-65—269 |
| Sean O'Hair, $177,510 | 66-68-69-66—269 |
| Webb Simpson, $177,510 | 65-66-65-73—269 |
| John Daly, $119,560 | 68-67-70-65—270 |
| **Graham DeLaet, $119,560** | **67-70-64-69—270** |
| **David Hearn, $119,560** | **69-68-67-66—270** |
| Jerry Kelly, $119,560 | 66-66-70-68—270 |

## U.S. WOMEN'S OPEN
**At Kohler, Wisc.**
**Par 72**
**Final Round**

| | |
|---|---|
| Na Yeon Choi, $585,000 | 71-72-65-73—281 |
| Amy Yang, $350,000 | 73-72-69-71—285 |
| Sandra Gal, $218,840 | 71-70-74-74—289 |
| Il Hee Lee, $128,487 | 72-71-77-70—290 |
| Shanshan Feng, $128,487 | 74-74-71-71—290 |
| Giulia Sergas, $128,487 | 74-71-73-72—290 |
| Paula Creamer, $94,736 | 73-73-71-74—291 |
| Mika Miyazato, $94,736 | 71-71-73-76—291 |
| Se Ri Pak, $72,596 | 72-73-76-71—292 |
| Suzann Pettersen, $72,596 | 71-68-78-75—292 |
| Cristie Kerr, $72,596 | 69-71-77-75—292 |
| Inbee Park, $72,596 | 71-70-76-75—292 |
| Nicole Castrale, $72,596 | 73-70-74-75—292 |
| Cindy LaCrosse, $55,161 | 73-74-74-72—293 |
| So Yeon Ryu, $55,161 | 74-71-74-74—293 |
| **Also** | |
| **Lorie Kane, $8,055** | **76-73-82-76—307** |
| **Sue Kim, $7,784** | **75-72-85-81—313** |

# CYCLING

## TOUR DE FRANCE
**At Porrentruy, France**
**Leading results Sunday from the eighth stage of the Tour de France, a 157.5-kilometre-hilly ride to the Jura mountains from Belfort to Porrentruy, with seven categorized climbs, four successive Category 2 and a Category 1 near the finish; Monday's 41.5-km ninth stage runs from Arc-et-Senans to Besancon):**
1. Thibaut Pinot, France, FDJ-Big Mat, three hours, 56 minutes, 10 seconds; 2. Cadel Evans, Australia, BMC Racing, 0:26 behind; 3. Tony Gallopin, France, RadioShack-Nissan, same time; 4. Bradley Wiggins, Britain, Sky Procycling, same time; 5. Vincenzo Nibali, Italy, Liquigas-Cannondale, same time; 6. Jurgen Van den Broeck, Belgium, Lotto Belisol, same time; 7. Chris Froome, Britain, Sky Procycling, same time; 8. Denis Menchov, Russia, Katusha, same time; 9. Haimar Zubeldia, Spain, RadioShack-Nissan, same time; 10. Frank Schleck, Luxembourg, RadioShack-Nissan, 0:30.
11. Christopher Horner, U.S., RadioShack-Nissan, same time; 12. Fredrik Kessiakoff, Sweden, Astana, 0:47; 13. Nicolas Roche, Ireland, France, AG2R La Mondiale, 1:25; 14. Chris Anker Sorensen, Denmark, Team Saxo Bank-Tinkoff Bank, same time; 15. Maxime Monfort, Belgium, RadioShack-Nissan, same time; 16. Pierre Rolland, France, Team Europcar, same time; 17. Michele Scarponi, Italy, Lampre-ISD, same time; 18. Tejay Van Garderen, U.S., BMC Racing, same time; 19. Rui Costa, Portugal, Movistar, same time; 20. Levi Leipheimer, U.S., Omega Pharma-QuickStep, same time.
**Also**
30. Andreas Kloeden, Germany, RadioShack-Nissan, 2:21; Samuel Sanchez, Spain, Euskaltel-Euskadi, withdrew.
**Overall Standings**
**(After eighth of 20 stages)**
1. Bradley Wiggins, Britain, Sky Procycling, 38 hours, 17 minutes, 56 seconds; 2. Cadel Evans, Australia, BMC Racing, 0:10 behind; 3. Vincenzo Nibali, Italy, Liquigas-Cannondale, 0:16; 4. Denis Menchov, Russia, Katusha, 0:54; 5. Haimar Zubeldia, Spain, RadioShack-Nissan, 0:59; 6. Chris Froome, Britain, Sky Procycling, 1:32; 7. Maxime Monfort, Belgium, RadioShack-Nissan, 2:08; 8. Jurgen Van den Broeck, Belgium, Lotto Belisol, 2:11; 9. Nicolas Roche, Ireland, France, AG2R La Mondiale, 2:21; 10. Rein Taaramae, Estonia, Cofidis, 2:27.
11. Tony Gallopin, France, RadioShack-Nissan, 3:13; 12. Rui Costa, Portugal, Movistar, 3:24; 13. Thibaut Pinot, France, FDJ-Big Mat, 3:41; 14. Christopher Horner, U.S., RadioShack-Nissan, 3:43; 15. Frank Schleck, Luxembourg, RadioShack-Nissan, 3:47; 16. Janez Brajkovic, Slovenia, Astana, 4:03; 17. Tejay Van Garderen, U.S., BMC Racing, 4:08; 18. Ivan Basso, Italy, Liquigas-Cannondale, 4:12; 19. Andreas Kloeden, Germany, RadioShack-Nissan, 4:24; 20. Pierre Rolland, France, Team Europcar, 4:26.
**Note: Ryder Hesjedal of Victoria has withdrawn from the Tour de France due to injury suffered on Friday.**

# TENNIS

## WIMBLEDON
**At London**
**Sunday's results**
**Men**
**Singles**
**Championship**
Roger Federer (3), Switzerland, def. Andy Murray (4), Britain, 4-6, 7-5, 6-3, 6-4.
**Mixed Doubles**
**Championship**
Mike Bryan and Lisa Raymond (2), U.S., def. Leander Paes, India, and Elena Vesnina (4), Russia, 6-3, 5-7, 6-4.
**Juniors**
**Boys**
**Singles**
**Championship**
**Filip Peliwo (4), Vancouver,** def. Luke Saville (1), Australia, 7-5, 6-4.
**Girls**
**Doubles**
**Championship**
**Eugenie Bouchard, Westmount, Que.,** and Taylor Townsend (1), U.S., def. Belinda Bencic, Switzerland, and Ana Konjuh (7), Croatia, 6-4, 6-3.
**Saturday's results**
**Men**
**Doubles**
**Championship**
Jonathan Marray, Britain, and Frederik Nielsen, Denmark, def. Robert Lindstedt, Sweden, and Horia Tecau (5), Romania, 4-6, 6-4, 7-6 (5), 6-7 (5), 6-3.
**Women**
**Singles**
**Championship**
Serena Williams (6), U.S., def. Agnieszka Radwanska (3), Poland, 1-6, 7-5, 6-2.
**Doubles**
**Championship**
Serena and Venus Williams, U.S., def. Andrea Hlavackova and Lucie Hradecka (6), Czech Rep., 7-5, 6-4.
**Juniors**
**Girls**
**Singles**
**Championship**
**Eugenie Bouchard (5), Westmount, Que.,** def. Elina Svitolina (3), Ukraine, 6-2, 6-2.

# AUTO RACING

## IRL INDYCAR
**At Toronto**
**Sunday's results**
1. (7) Ryan Hunter-Reay, Chevrolet, 85 laps; 2. (15) Charlie Kimball, Honda, 85; 3. (13) Mike Conway, Honda, 85; 4. (18) Tony Kanaan, Chevrolet, 85; 5. (16) Oriol Servia, Chevrolet, 85; 6. (8) Helio Castroneves, Chevrolet, 85; 7. (17) J.R. Hildebrand, Chevrolet, 85; 8. (19) James Jakes, Honda, 85; 9. (11) Takuma Sato, Honda, 85; **10. (6) Alex Tagliani, Lachenaie, Que., Honda, 85.**
11. (20) Rubens Barrichello, Chevrolet, 85; 12. (10) Simon Pagenaud, Honda, 85; 13. (22) Josef Newgarden, Honda, 84; 14. (4) Sebastien Bourdais, Chevrolet, 84; 15. (2) Will Power, Chevrolet, 84; 16. (24) Marco Andretti, Chevrolet, 84; 17. (1) Dario Franchitti, Honda, 84; 18. (23) Ed Carpenter, Chevrolet, 84; 19. (14) Ryan Briscoe, Chevrolet, 83, contact; 20. (25) E.J. Viso, Chevrolet, 81.
21. (3) Justin Wilson, Honda, 67, contact; **22. (9) James Hinchcliffe, Oakville, Ont., Chevrolet, 28, mechanical; 23.** (12) Graham Rahal, Honda, 23, contact; 24. (21) Simona de Silvestro, Lotus, 9, mechanical; 25. (5) Scott Dixon, Honda, 7, mechanical.

# CFL

**EAST DIVISION**

| | GP | W | L | T | PF | PA | Pt |
|---|---|---|---|---|---|---|---|
| Toronto | 2 | 1 | 1 | 0 | 54 | 55 | 2 |
| Montreal | 2 | 1 | 1 | 0 | 51 | 68 | 2 |
| Hamilton | 2 | 0 | 2 | 0 | 52 | 82 | 0 |
| Winnipeg | 2 | 0 | 2 | 0 | 46 | 74 | 0 |

**WEST DIVISION**

| | GP | W | L | T | PF | PA | Pt |
|---|---|---|---|---|---|---|---|
| B.C. | 2 | 2 | 0 | 0 | 72 | 52 | 4 |
| Saskatchewan | 2 | 2 | 0 | 0 | 60 | 17 | 4 |
| Calgary | 2 | 1 | 1 | 0 | 74 | 49 | 2 |
| Edmonton | 2 | 1 | 1 | 0 | 20 | 32 | 2 |

**WEEK TWO**
**All Times Eastern**
**Sunday's result**
Saskatchewan 17 Edmonton 1
**Saturday's result**
Toronto 39 Calgary 36
**Friday's results**
B.C. 39 Hamilton 36
Montreal 41 Winnipeg 30

# SOCCER

## MLS

### EASTERN CONFERENCE

| | GP | W | L | T | GF | GA | Pt |
|---|---|---|---|---|---|---|---|
| Kansas City | 18 | 10 | 5 | 3 | 23 | 17 | 33 |
| D.C. United | 18 | 10 | 5 | 3 | 34 | 22 | 33 |
| New York | 18 | 9 | 5 | 4 | 32 | 27 | 31 |
| Chicago | 18 | 8 | 6 | 4 | 21 | 21 | 28 |
| Houston | 18 | 6 | 5 | 7 | 22 | 24 | 25 |
| Columbus | 16 | 6 | 6 | 4 | 17 | 17 | 22 |
| New England | 17 | 6 | 7 | 4 | 24 | 22 | 22 |
| Montreal | 20 | 6 | 11 | 3 | 27 | 36 | 21 |
| Philadelphia | 16 | 5 | 9 | 2 | 18 | 18 | 17 |
| Toronto | 17 | 2 | 11 | 4 | 18 | 33 | 10 |

### WESTERN CONFERENCE

| | GP | W | L | T | GF | GA | Pt |
|---|---|---|---|---|---|---|---|
| San Jose | 19 | 11 | 4 | 4 | 36 | 24 | 37 |
| Real Salt Lake | 20 | 11 | 6 | 3 | 31 | 21 | 36 |
| Vancouver | 18 | 8 | 4 | 6 | 19 | 19 | 30 |
| Seattle | 19 | 8 | 5 | 6 | 23 | 19 | 30 |
| Los Angeles | 19 | 7 | 10 | 2 | 28 | 29 | 23 |
| Colorado | 18 | 7 | 10 | 1 | 25 | 24 | 22 |
| Chivas USA | 17 | 5 | 7 | 5 | 11 | 18 | 20 |
| Portland | 17 | 5 | 8 | 4 | 16 | 24 | 19 |
| Dallas | 19 | 3 | 9 | 7 | 17 | 27 | 16 |

Note: Three points for a win, one for a tie.
**Sunday's results**
Montreal 2 Columbus 1
Philadelphia 3 Toronto 0
Los Angeles 2 Chicago 0
New England 2 New York 0
**Saturday's results**
Vancouver 0 Chivas USA 0
Houston 0 Kansas City 0
San Jose 0 Dallas 0
Real Salt Lake 3 Portland 0
Seattle 2 Colorado 1

## NASL
**Saturday's results**
Fort Lauderdale 3 Carolina 3
Edmonton 1 Puerto Rico 1
Atlanta 2 Minnesota 0

## CSL
**Sunday's results**
Brampton 4 York Region 4
Mississauga 2 Montreal Impact Academy 2
Waterloo 1 Toronto Croatia 0
**Saturday's results**
Mississauga 2 Kingston 0
TFC Academy 2 Niagara 0
**Friday's results**
Brantford 5 North York 2
SC Toronto 3 Serbian White Eagles 1

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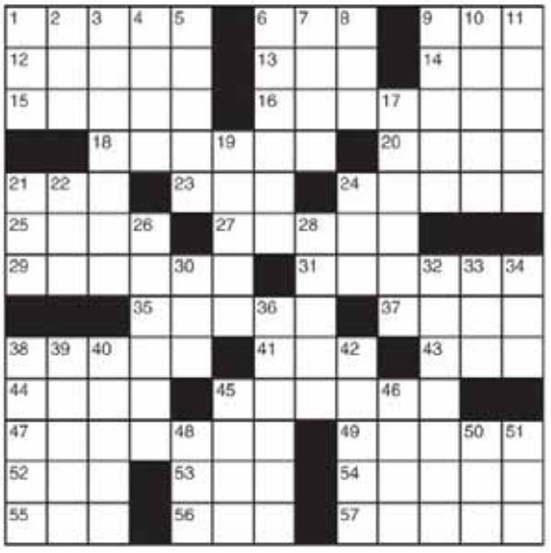
## Friday's Crossword

**Across**

1 Advice
6 Morse morsel
9 Mel of baseball lore
12 1960s jacket style
13 Rangers' play area
14 Spoon-bender Geller
15 Ermine
16 Eerie figure
18 Censors, in a way
20 Chills and fever
21 Robert Mueller's org.
23 Prior night
24 Dalmatian pattern
25 Outer garment
27 "He's — nowhere man"
29 Redeemed a check
31 Hebrew letters
35 Saxophonist's supply
37 "Scat!"
38 Biz bigwig
41 Insurrectionist, for short
43 Toss into the mix
44 Dogfight participants
45 Nab
47 PR event
49 Lessen
52 Started
53 Blackbird
54 Catcalls?
55 Before
56 Understanding
57 Group character

**Down**

1 Officeholders
2 Trawler equipment
3 Fears
4 Caspian feeder
5 Private student
6 Ladle
7 Pulitzer contemporary
8 Darjeeling, e.g.
9 Expenditure
10 Angler's prize
11 7-Down's paper
17 Campania's capital
19 Duck
21 Govt. agncy.
22 Feathery accessory
24 Frivolous one in an old song
26 Fencing move
28 Museum supporter
30 Conger
32 Old Egyptian ruler
33 Scuttle
34 Turf
36 Visit briefly
38 Syrup flavor
39 Earth tone
40 Crystal-lined rock
42 Point a finger at
45 Traffic pylon
46 Encourage evildoers
48 Squirrel's home
50 Teeter-totter quorum
51 Curvaceous character?



## Cryptoquip

**How to play**

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

EDVT P AYCVL-LBJBZ KA QLVPZVS ZDPZ CWBEA WPTS, EKWW KZ JV PT PYZBXPZVS ZKWWVL XPQDKTV?

**Yesterday's Cryptoquip:** IF A GROUP OF PERCUSSIONISTS WENT AROUND SWIPING THINGS, SHOULD IT BE CALLED A STEAL BAND?

Today's Cryptoquip Clue: K equals I

## Horoscope

**Aries | March 21 - April 20.** There have been so many good times of late that today's events may seem a bit of a letdown. Don't worry

**Taurus | April 21 - May 21.** Try not to be guided by mob mentality today. Common sense will take you further.

**Gemini | May 22 - June 20.** There is something you have wanted to do for months, maybe years, but somehow never quite got around to starting. Act now

**Cancer | June 21 - July 22.** The more others insist that you need to shift your position the more you should insist on staying right where you are.

**Leo | July 23 - Aug. 22.** Adopt a wait and see attitude today and don't let others pressure you into making a snap decision.

**Virgo | Aug. 23 - Sept. 22.** You are on the right track and making considerable progress, so get rid of that gloomy outlook you picked up along the way and believe that wonderful things are going to happen in the very near future – and they will.

**Libra | Sept. 23 - Oct. 22.** You may not approve of what a friend or colleague is up to but what can you do about it?

**Scorpio | Oct. 23 - Nov. 21.** Don't give in to feelings of self-pity today because there is so much you can do to improve your life.

**Sagittarius | Nov. 22 - Dec. 21.** It would appear that someone is plotting behind the scenes and while you may not be their target you still need to take steps to protect yourself.

**Capricorn | Dec. 22 - Jan 20.** Is it too late to change the outcome of a situation that has been gaining momentum for quite some time?

**Aquarius | Jan. 21 - Feb 18.** There is no point trying to tell certain individuals where they are going wrong because they won't listen

**Pisces | Feb. 19 - March 20.** One of the most important things in life is that you are true to your own feelings, and if you don't feel it is right to help someone whose actions you disapprove of today then by all means turn away.

SALLY BROMPTON

## Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | 9 | | | | | |
| | | 1 | | 4 | | 7 | | |
| | | 3 | 7 | | | | 5 | 6 |
| 2 | | 9 | | | 6 | | | 3 |
| 8 | | | | | | | | 1 |
| 7 | | | 3 | | | 4 | | 5 |
| 1 | 8 | | | | 5 | 9 | | |
| | | 4 | | 6 | | 2 | | |
| | | | | | 2 | | | |

**How to play**

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Friday's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | 3 | 9 | 5 | 1 | 2 | 6 | 8 | 7 |
| 8 | 2 | 5 | 8 | 3 | 7 | 4 | 9 | 1 |
| 1 | 7 | 8 | 9 | 4 | 6 | 3 | 5 | 2 |
| 6 | 9 | 7 | 3 | 5 | 1 | 2 | 4 | 8 |
| 5 | 1 | 4 | 6 | 2 | 8 | 7 | 3 | 9 |
| 2 | 6 | 3 | 4 | 7 | 9 | 5 | 1 | 8 |
| 7 | 5 | 1 | 2 | 8 | 4 | 9 | 6 | 3 |
| 9 | 4 | 2 | 1 | 6 | 3 | 8 | 7 | 5 |
| 3 | 8 | 6 | 7 | 9 | 5 | 1 | 2 | 4 |

For today's crossword answers and for expanded horoscopes, go to metronews.ca

## Weather

| MONDAY | TUESDAY | WEDNESDAY |
|---|---|---|
| MAX: 31° MIN: 12° | MAX: 26° MIN: 12° | MAX: 27° MIN: 9° |

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**WEATHER SPECIALIST**
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**WEEKDAYS 5:30 AM**

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Demetrios

APICHART WEERAWONG/ THE ASSOCIATED PRESS

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|---|---|
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|---|---|
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